

June 2022 CARE Team Newsletter

Common Concerns

As the spring semester comes to an end and the summer begins, students can go through a lot of changes as they return home. Some continue to take classes in the summer, while others take a much-needed break. Below are nationally reported concerns by students during this time.

At the beginning of June, CARE Team typically sees:

- Apprehension about returning home for summer
- Satisfaction and/or disappointment with spring semester grades
- Sadness over leaving new friendships and/or love relationships at school
- Realization of how college influences life decisions and independence
- Relief being away from school and back at home

In July, CARE Team typically sees:

- The beginning and end of some summer classes
- Anxiety and excitement about returning to campus in the fall
- Sadness with leaving family and friends back home
- Challenges dealing with family expectations being home

You may also expect to see anxiety about COVID-19 transmission in the wake of the transition back to campus this fall. Given the COVID-19 pandemic is ongoing, we will continue to see campus and community precautions, which can lead to increased feelings of anxiety over school and health expectations.

If you are concerned about a member of our campus community, please don't hesitate to [submit a concern](#). If you'd like to learn more about Care Team, please check out our website at wichita.edu/care.

Caseload Data

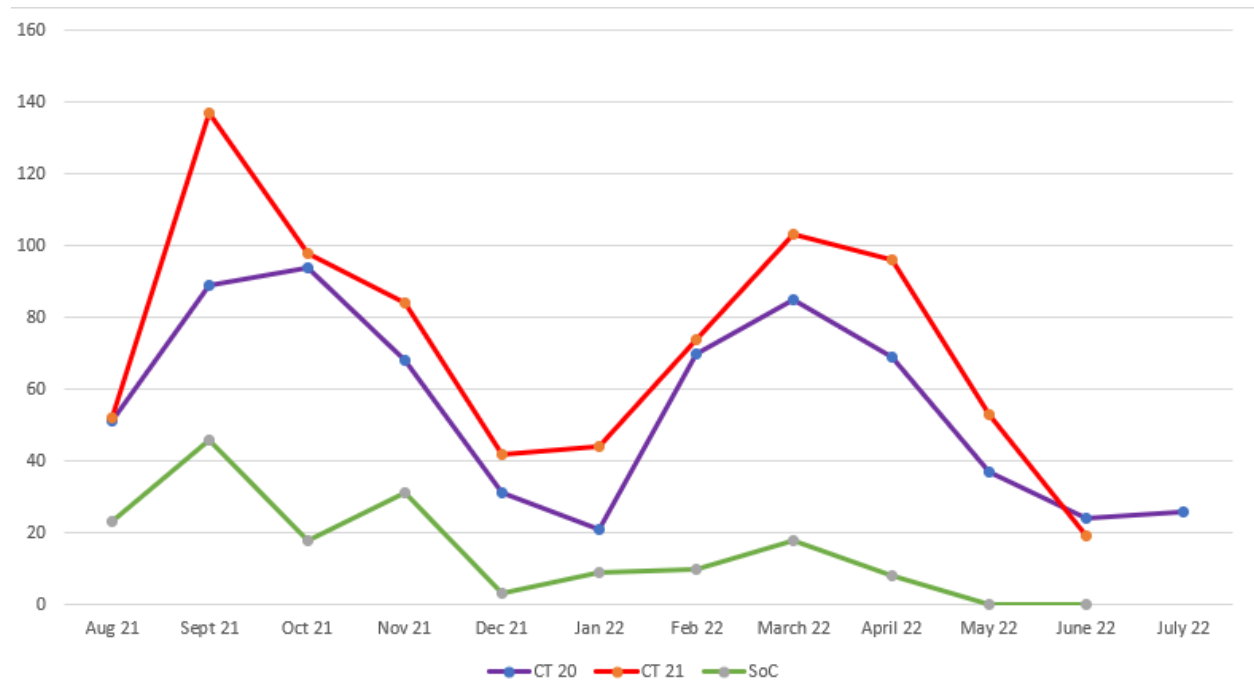
During the month of June, CARE Team saw fewer cases in 2022 than in 2021. This is presumably due to the spring semester coming to an end and majority of students returning for the summer. There are two prevailing hypotheses to explain the decrease in cases:

1. CARE Team relies heavily on university staff and faculty to submit concerns when students are exhibiting signs of distress. It is more challenging to identify signs of distress when communicating with students remotely, so CARE Team's typical reporters were less likely to recognize and report signs of distress.

- Due to students returning home for the summer, we have fewer students on campus. For many students, being back home with friends and family can be a positive support that helps them navigate feelings of stress and anxiety they may have experiences during the spring semester.

It is probable that both of the above scenarios contributed to the decrease in CARE cases for the month of June, and it is unlikely they are the only contributing factors.

Below is a graph comparing the number of CARE cases between AY 2022 and AY 2021, both for the month of June and the academic year so far.



CARE Team Data (red line)

Academic Year: August 1 through June 30

2021 - 2022: 808

2020 - 2021: 639

Percent Increase: 26.45%

Month of June: June 1 through June 30

2022: 19

2021: 24

Percent Increase: -20.83%

Students of Concern Data (green line)

Academic Year: August 1 through June 30

2021 - 2022: 166

2020 - 2021: no data

Percent Increase: N/A

Month of June: June 1 through June 30

2022: 0

2021: no data

Percent Increase: N/A

Total CARE Team and Student of Concern Data (blue line)

Academic Year: August 1 through June 30

2021 - 2022: 974

2020 - 2021: 639

Percent Increase: 52.43%

Month of June: June 1 through June 30

2022: 19

2021: 24

Percent Increase: -20.83%

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Should you have any questions or concerns regarding the Care Team, please contact Alicia Newell, Assistant Vice President for Student Affairs at (316) 978-6105 or Alicia.Newell@wichita.edu. We appreciate our campus community and all that you do. Thank you for helping us create a community of Caring at Wichita State University!