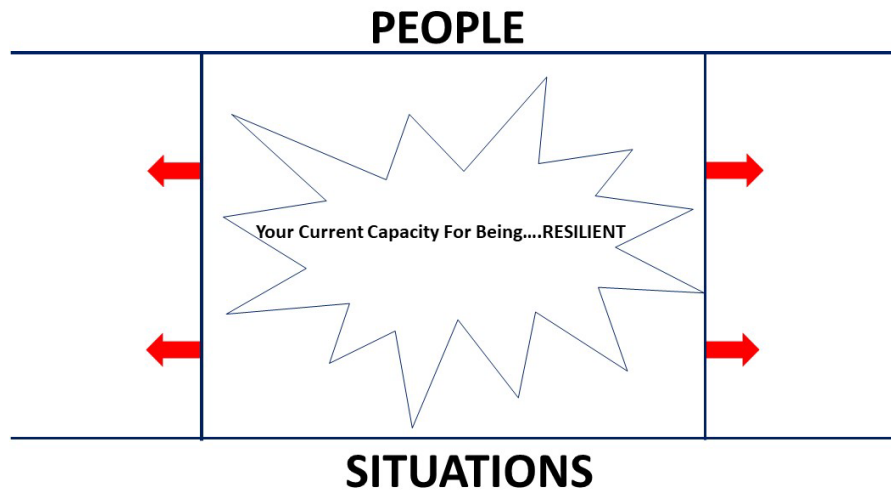


RESILIENCY Bandwidth Exercise

In this exercise, you are to take the time to look over the 1st image. It is a 'picture' of your current capacity to be 'resilient' and a representation of all of the tools/ things that you use to build your current levels of... 'resiliency'!

IMAGE #1



In image #2, we need you to list in your box what those tools are! They are what you intrinsically seem to rely on when the going gets TOUGH and RESILIENCY/RESILIENCE is not just needed its mandatory. You will need to have this exercise completed for our 'conversation' on January 27, 2022

IMAGE #2

