



An Overview of the University of Kansas (KU) Tobacco Treatment Education Program



Babalola Faseru MD, MPH

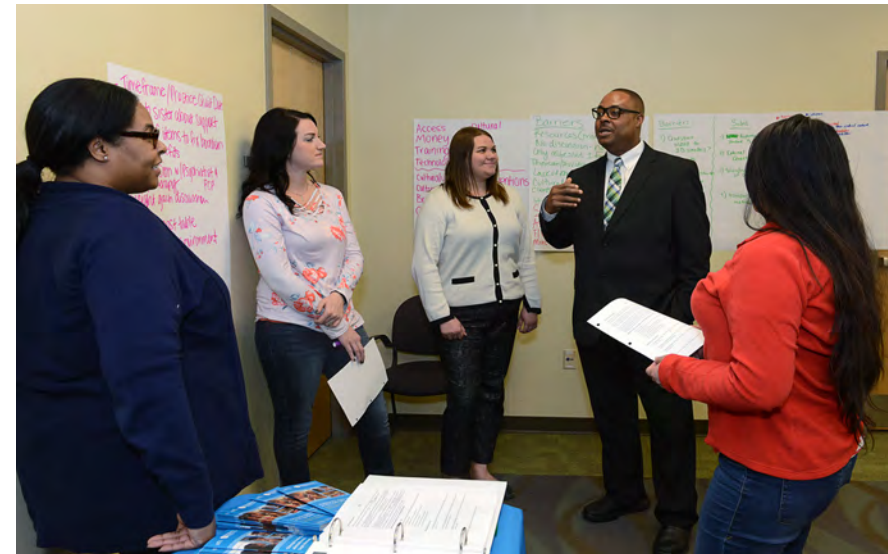
Associate Professor, Population Health, KUMC
Director, KU Tobacco Treatment Education Program
Consultant Medical Epidemiologist, KDHE

Agenda

- KU Tobacco Treatment Education Program
 - Tobacco Treatment Specialist Training
 - Brief Talks and Trainings on Tobacco Treatment
 - Tobacco Treatment Support Training for Certified Peer Specialist (CPS) and Peer Mentors (PM) [under construction]

Tobacco Treatment Specialists Training

- Equip healthcare professionals
 - Motivation, knowledge, and skills to integrate tobacco treatment into their practices
 - Tobacco prevention and treatment advocates and educators



KU TTS Journey..... (157 TTS to Date)

- UMASS TTS Training Curriculum
 - 144 TTS trained (2016-2019)
 - First TTS training program accredited by the Council for Tobacco Treatment Training Programs (CTTTP)
- KU TTS Training Curriculum (2010 and beyond)
 - 13 TTS trained
 - To be accredited soon by CTTTP



.....2016



October 25-28, 2016
Wichita, Kansas (KHF funded)



.....2017



**March 28-31, 2017
Kansas City, Kansas
(KDHE CDRR funded)**



**May 23-26, 2017
Topeka, Kansas
(KDHE CDRR funded)**



**August 8-11, 2017
Manhattan, Kansas (KHF funded)**



.....2018



**March 20-23, 2018
Kansas City, Kansas
(KDHE CDRR funded)**



**June 5-8, 2018
Lawrence, Kansas
(KDHE CDRR funded)**



**September 18-21, 2018
Hays, Kansas (KHF funded)**



.....2019



**August 20-23,
2019
Pittsburg, Kansas
[KHF and KDHE
CDRR funded
(Miami County)]**





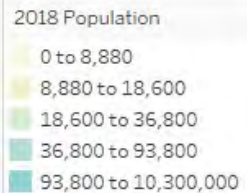
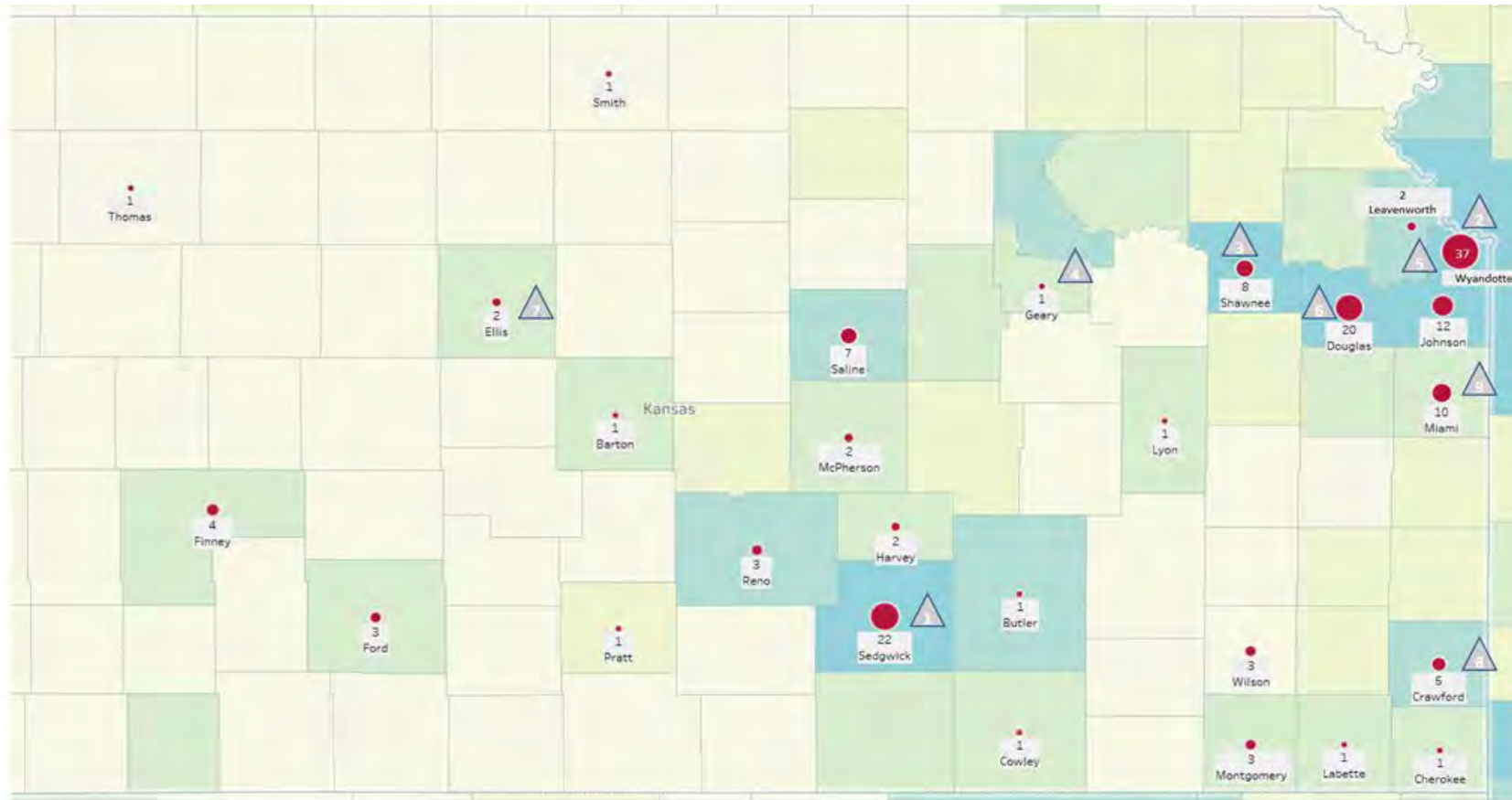
.....2020



Virtual Skill Building and Demonstration Day, July 24, 2020



Where did the Trainees come from?



- 1 October 2016 in Wichita, Sedgwick county
- 2 March 2017 in Kansas city, Wyandotte county
- 3 May 2017 in Topeka, Shawnee county
- 4 August 2017 in Manhattan, Riley County

- 5 March 2018 in Kansas City, Wyandotte county
- 6 June 2018 in Lawrence, Douglas county
- 7 September 2018 in Hays, Ellis county
- 8 August 2019 in KHF, Crawford county

- 9 August 2019 in Pittsburg, Miami county
- 10 July 2020, Virtual

TARGET AUDIENCE

- Health Educators
- Social Workers
- Substance Abuse Counselors
- Community Health Workers
- Respiratory Therapists
- Dental Hygienists
- RNs/LPNs
- Administrators
- Physicians
- other healthcare professionals



TTS Training Competencies

- Tobacco Dependence Knowledge & Education
- Counseling Skills
- Assessment Interview
- Treatment Planning
- Pharmacotherapy
- Relapse Prevention
- Diversity & Specific Health Issues
- Documentation & Evaluation
- Law & Ethics
- Professional Development



<http://attud.org/>

Council for Tobacco Treatment Training Programs

<https://ctttp.org/>



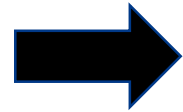
KU TTS Program

- Application and review process
- Enrolment
- Access to KU Learning Management System (Blackboard)
- Course materials (Adaptive release)



Online Modules

Online modules
(n=43)
→Asynchronous
(18-20 hours
over 6-8 weeks)
KU LMS
Blackboard



Section I

Tobacco Use and Dependence Education (6 modules)

Section II

Pharmacotherapy for Tobacco Dependence (7 modules)

Section III

Counseling and Behavioral Support for Tobacco
Dependence (9 modules)

Section IV

Tobacco Treatment in Special Populations (8 modules)

Section V

Tobacco Treatment in Practice (7 modules)

Section VI

Professional Development and Ethics (6 modules)

Assessment: Pre-test, Quizzes or Assignments (not included in final grade)
Sectional Exams (90% of final grade)



Skills Building and Demonstration Day

Skills building and demonstration day

→ Synchronous

→ 6-8 hours



Part I

Building Rapport and Conducting Intakes

Part II

Building Motivation

Part III

Treatment Planning

Part IV

Conducting Follow-up

Part V

Systems Change Barriers and Facilitators

Assessment: Post test (not included in final grade)
Final Exam (case studies, open book (10% of final grade))

Take Home....

- Competencies to provide evidenced-based tobacco treatment
- CEUs (KU Area Health Education Center AHEC)
 - Thanks to Mary Beth Warren and Hannah Frazier
 - 23 credit hrs. for Social workers
 - 23 credit hrs. for Physicians
 - 27.5 credit hrs. for Nurses
- John Doe RN, TTS



Gratitude

- Curriculum Development Stakeholders (pre and post)
 - Donna Gorman – DCCCA
 - Heidi Moore – Project Breakthrough Wichita
 - Matthew Schrock – KDHE
 - Kim Jordan – Aetna
 - Rick Cagan – NAMI
 - Jennifer Heins – UKHS
 - Celeste Steffens – Osawatomie State Hospital
 - Karin Denes-Collars – MCA
 - Hope Krebill – MCA
 - Susan Krigel – MCA
 - TTS graduates
 - KU TTS core faculty and staff



Brief Talks and Trainings

- Range from 30 minutes to 3 hours
- Could be single session or multiple sessions
- At program site or virtually
- Travel cost for trainers paid for by KHF (when applicable)
- How to plan a training
 - Email: tobaccoed@kumc.edu
 - Conference call to discuss needs and dates



TALKS AND TRAININGS ON TOBACCO TREATMENT

YOU CHOOSE THE TOPIC

- Free resources for quitting
- Prevention/treatment of adolescent smoking/vaping
- Integrating tobacco treatment into health homes
- Motivational Interviewing to encourage quitting
- Ways that peers can support tobacco cessation
- Free/low cost quit medications & how to use them
- What to say to our clients about e-cigarettes
- Optimizing use of quit-smoking medications
- Text messaging for smoking/vaping cessation
- Or... you decide the topic

YOU CHOOSE THE TIME AND PLACE

- 30 minutes – 3 hours; minimum of 8 learners
- Host training at your program or via online webinar
- We pay for our own travel/time
- We would like to record for others to use
- We will provide certificate for participants to apply for CEUs

HOW DO YOU GET STARTED?

- Contact Dr. Babalola Faseru or Kimber Richter at tobaccoed@kumc.edu
- We'll set up a conference call to learn about your needs/preferences
- We'll work with you to determine date/logistics of training
- We will provide 4-6 trainings per year on a first-come, first-serve basis

Reach – 1,083 Individuals Trained to date

When	Where/Who	Topic
June 6, 2019	Heartland FQHC	Nurse-led treatment for tobacco dependence and update on reimbursement
July 19, 2019	Kansas Tribal Health Clinic Providers	TTS Training and Reimbursement for Treating Tobacco Dependence
Oct 17, 2019	The Center for Advanced Heart Care 11th Annual Cardiac Nursing Symposium.	They are smoking what? Current research on ENDS
Nov 4, 2019	Heartland FQHC	Clinical tobacco treatment for safety net populations
Nov 13, 2019	KU intervention radiology clinic	Tobacco cessation talk for head and neck cancer survivors
Feb 11, 2020	Health care professionals and administrators in Topeka, Shawnee County	Tobacco cessation treatment and e-cigarette epidemic
Apr 24, 2020	KU Psychology interns	New Treatment and Reimbursement Options for Cigarette and E-Cigarette Dependence



Reach – (contd.)

When	Where/Who	Topic
Apr 5, 2020	Psychiatric residents	Tobacco treatment among psychiatric patients
Apr 14, 2020	National Behavioral Health Network webinar	Transforming your Tobacco Cessation Practice with Telehealth
Aug 12, 2020	Lawrence/Douglas County Behavioral Health Peer Fellows	Tobacco treatment strategies for Peers – a group discussion with peer fellows
Aug 13, 2020	Prairie View, Newton	Tobacco treatment training session and group discussion on treatment strategies
Oct 15, 2020	Kansas Prevention conference	Making Tobacco Policy and Environmental Changes at Your Organization: Lessons on Prevention from Addiction Treatment Organizations
Oct 21, 2020	Johnson County Mental Health	Tobacco treatment training session and group discussion on treatment strategies
Nov 6, 2020	Tammy Walker Cancer Center in Salina	Improving Cancer Outcomes through Smoking Cessation
Nov 11, 2020	Lawrence-Douglas County Health Department	Tobacco treatment training session and group discussion on treatment strategies

Two trainings scheduled for December 2020 and one in February 2021



Tobacco Treatment Support Training for CPS and PM (Under Construction)

- Training Development Workgroup
 - Lawrence-Douglas County Health Department (Bob Tryanski, Lisa Cyrus, Dee Vernberg, Laura McCulloch); Johnson County Mental Health (Asley Grill), Valeo (Nicole Passafume)
 - NAMI (Rick Cagan)
 - KDADS (Carrie Billbe), WSU (Teresa Cornejo, Danny Barrera)
 - KUMC (Kimber Richter, Tresza Hutcheson, Babalola Faseru, Karla Van Goethem, Lety Sarmiento)
- Working out details
 - Tag on to advanced training on KDADS/WSU CPS/PM training?
 - Mini modules plus quarterly virtual trainings?



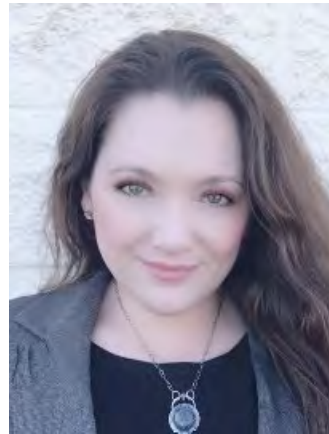
KU TTE Core Faculty and Staff



Ms. Lety Sarmiento



Ms. Karla Van Goethem



Dr. Tresza Hutcheson



Ms. Genevieve Casey



Dr. Babalola Faseru



Dr. Kimber Richter



Dr. Edward Ellerbeck



Dr. Taneisha Scheuermann

Funding Sources

- Kansas Health Foundation
- NAMI Mini-grants
- Kansas Department of Health and Environment Chronic Disease Risk Reduction Grantees
 - Unified Government of Wyandotte County and Kansas City, Kansas
 - Shawnee County Health Department
 - Lawrence-Douglas County Health Department
 - Miami County Health Department
- University of Kansas Cancer Center
- Masonic Cancer Alliance
- Wichita Medical Research and Education Foundation



Contact us

Training interests and questions can be sent to:
TobaccoEd@kumc.edu

