



WICHITA STATE
UNIVERSITY

The Role of Age Friendly Universities in an Aging Society

*Focusing on the Emotional, Social and
Psychological Well-Being of Seniors*



The First Age-Friendly University in Kansas

WSU is one of 90 higher education institutions worldwide and the first institution of higher learning in Kansas to become a member of Age-Friendly University Global Network (AFU). Membership in AFU demonstrates the University's ongoing commitment to provide a full range of learning opportunities that include adults of all ages in an age-inclusive campus environment.

Importance of Age-Friendly Campuses

- Age-friendly campuses have grown in importance as lifespans lengthen.
- The proportion of adults age 55 and older is about a third of the US population, and the number of people in this age group is projected to increase for many years to come.
- Twenty-eight percent of the population in Kansas, 27 percent of the Wichita population, and 25 percent of the population in the Fairmount neighborhood surrounding Wichita State are 55 or older.

Resources & Initiatives



Office of Adult Learning

This office provides assists adult learners who are seeking a degree at WSU through mentorship, advocacy and additional support and resources.



Community Education Classes

Noncredit community education classes are offered in several locations to all members of the community.



Lifelong Learning Classes

These nondegree classes are offered free for students age 60+ and are available in person or online.



WSU Tech

For people re-entering the job market, looking for a career change, or needing to improve skills, many career training and upskilling courses are available through WSU Tech, a two-year workforce education and training institution under the WSU umbrella.



Regional Institute on Aging

The RIA was founded to provide internal research funding for projects related to older adults as well as a means for developing community partnerships for aging-related research activities.



Club Parkinson's

A wellness and education center housed in WSU's Heskett Center that helps those diagnosed with Parkinson's Disease manage symptoms for an improved quality of life.

WSU Mission and Core Values

- The mission of Wichita State University is to be an essential EDUCATIONAL, CULTURAL and ECONOMIC DRIVER for Kansas and the greater public good.
- Our presentation will focus on the ways The Offices of Workforce, Professional and Community Education, Public Health Sciences and the Institute on Aging are working together in support of that mission while incorporating the University's core values of:
 - Collaboration
 - Access
 - Equity

Leadership Support

“Age diversity and inclusion fit with Wichita State’s main priority of providing accessible education for everyone in our community at all stages of the lifespan and life course”

- Rick Muma, President, Wichita State University



Lifelong Learning Program

Lifelong Learning Program

- One of the programs that WSU offers under the age-friendly umbrella is the WSU Lifelong Learning Program.
- Peer Group Education
- Started in fall 2015 with one course and 68 registrations. Fall 2022 there were 10 courses with 1666 registrations.

What Are Lifelong Learning Courses?

- 0.5 credit hour college courses designed specifically for students 60+ years of age.



Where Are Courses Offered?

- In-Person at the WSU Metropolitan Complex
- Online – Students receive a link via email each week to view the course on their own device. Students can view the course at their convenience.
 - Technology Grant



Lifelong Learning Course Schedules

- Each course consists of four classes held one day a week for 4 weeks.
- Each class is approximately 2 hours in length.
- Classes are held from 1:00 – 3:00 PM

Do Students Have to Pay Tuition?

Per the Kansas Board of Regents Policy, students who are at least 60 years of age may audit the Lifelong Learning courses without payment of tuition.



WSU Lifelong Learning Scholarships

- WSU makes scholarships available each semester to seniors 60+ years of age who enroll before a certain date. The scholarship covers the following:
 - WSU Application Fee
 - Applicable Course Fees
 - If students enroll by the scholarship deadline, the Lifelong Learning Course Fee is \$0.

Can Students Not Yet 60 Years of Age Enroll?

- Students who are not yet 60 years of age are welcome to enroll in the Lifelong Learning courses. These students are not eligible for the tuition waiver and scholarships, so regular WSU tuition and fees will apply.

Do Students Have to Purchase a Textbook?

- No textbook purchase is required.
- WSU provides all required course materials.

Are there tests? Is there homework?

- There are no tests.
- There may be outside assignments.
- Instructors provide all resources for any outside work.



Do Students Receive a Grade?

- No letter grades are given.
- Students receive either a Satisfactory or Unsatisfactory.
- Evaluation is based 100% on discussion, reflection, and attendance.

What is Unique about the WSU Lifelong Learning Courses?

- Actual college coursework
- Taught by credentialed University faculty
- Cohort based learning



SPRING 2023 LIFELONG LEARNING



What's New for Spring 2023?

ses
2023.

Wichita State University is offering 0.5 credit-hour (non-degree) courses that are FREE for students 60+ years old if enrolled by February 8, 2023. For more information, contact us at (316) 978-3731 or LifelongLearning@wichita.edu.

ARTS 150F
CRN 26981

Mondays
Feb. 27 & March 6, 20 & 27
1-3pm

Art of the Northern Renaissance and the Dutch Golden Age

This course examines the art of the Northern Renaissance and the Dutch Golden Age with a focus on the visual traditions and material culture of Flanders, the Netherlands and Germany during the fifteenth through seventeenth centuries. The invention of the printing press, impact of the Protestant Reformation and encounters with the Italian Renaissance art and artists, patrons and humanists provide an artistic, social, political and economic framework for interpreting and contextualizing the vivid material culture of the Northern Renaissance. There are innovations in production methods, changes in patronage and collecting activities and the development of novel sacred and secular themes and genres. We will take a close look at the great master works of Jan van Eyck, Rogier van der Weyden, Albrecht Durer, Pieter Bruegel, Rembrandt and Johannes Vermeer.

- Instructor:** Dan Kirchhefer, Lecturer, Art, Design and Creative Industries, College of Fine Arts, Wichita State University
- Objectives:** Students will...
- Acquire and develop the skills of visual analysis and interpretation.
 - Learn to situate the works of art in their social and cultural contexts.
 - Demonstrate an understanding of the relationship between artistic process and a work's underlying concept, and where appropriate, contexts associated with the work.
 - Identify and analyze the formal elements of a particular art form using vocabulary and critique appropriate to that form.
 - Demonstrate knowledge of diverse artistic traditions and materials in northern Europe during the fifteenth through seventeenth centuries.

HIST 150CF
CRN 26860

Tuesdays
Feb. 28 & March 7, 21 & 28
1-3pm

How Do Other Countries Handle Issues that Divide the U.S.?

This course seeks to examine ideas, attitudes, movements, and behaviors of people in other nations toward subjects that currently divide Americans. Government and public attitudes toward wealth and poverty, roles of men and women, isolationism v. intervention in foreign policy, medical beliefs and distrust, economic depressions and approaches to capitalism, censorship and crackdowns on dissent, individualism v. community, perceptions of "Others" and treatment of prisoners will be examined as they differ across the globe.

- Instructor:** Dr. Gretchen Eick, Lecturer, Department of History, Wichita State University
- Objectives:** Students will...
- Identify ideas, behaviors and attitudes that contrast with those of many Americans.
 - Identify the causative factors that have made these ideas, behaviors and attitudes flourish in other nations.
 - Learn through primary source documents, snippets of documentary footage, photographs and lecture the history within which this recycling recurs.

POLS 150L
CRN 26980

Wednesdays
March 1, 8, 22 & 29
1-3pm

History of U.S. Foreign Policy

This course traces a brief history of U.S. foreign policy developed and changed course over more than two centuries. The course highlights several traditions in U.S. policy and discussion of what shapes policy as the history unfolds.

- Instructor:** Dr. Michael Hall, Associate Professor, Department of Political Science, Wichita State University
- Objectives:** Students will...
- Learn, recall and understand more detail about different periods of history, such as the nineteenth century, the interwar period, the Cold War and the post-Cold War world.
 - Apply four different traditions to the history of U.S. foreign policy and examine how these traditions form patterns among leaders and policies at different times in history.
 - Examine briefly how, at different times, presidents, the Congress, public opinion, parties and interest groups influence the process of decision-making.
 - Consider how to critique of the goals and outcomes of foreign policy.

GEOL 150M
CRN 26890

Fridays
March 10, 24, 31 & April 7
1-3pm

When the Earth Shakes: The Geology of Earthquakes

Earthquakes have shaken and shaped our planet for millennia and are one of Earth's most unpredictable and destructive natural disasters. Earthquakes have toppled skyscrapers, disrupted transportation, caused fires, triggered landslides, started tsunamis and taken lives. To understand what earthquakes are and why they occur where they do, we will explore the grand unifying theory of geology—plate tectonics. We will also cover how earthquakes are measured, how epicenters are determined, seismic waves, predictions, hazards, preparedness and mitigation, while exploring noteworthy earthquakes from around the world and the mid-west. Recent Kansas earthquakes and the potential for more will also be discussed.

- Instructor:** Heather Merchant, Lecturer, Department of Geology, Wichita State University
- Objectives:** Students will...
- Relate earthquake activity to plate tectonics.
 - Identify the focus and epicenter of an earthquake.
 - Describe the kinds of seismic waves emitted during an earthquake.
 - List major earthquakes throughout the world and why they occurred.
 - Determine how humans can lessen the impact from earthquakes.

THEA 150B
CRN 26749

Mondays
April 10, 17, 24 & May 1
1-3pm

The Origins of Musical Storytelling: A Global Perspective

This course is designed to explore musical storytelling and how it represents our rich cultural diversity. The Broadway Musical is one of the world's most popular art forms dominating the commercial market. Where did it come from and what was its purpose? If we look through a lens of the global perspective, we find that musical storytelling in many cultures has played a critical role in human development and communication since the beginning of time.

- Instructor:** Linda Starkey, Retired Faculty, Lecturer, School of Performing Arts, Wichita State University
- Objectives:** Students will...
- Develop an appreciation for the importance of storytelling around the globe.
 - Discover how musical storytelling informed cultural identity and the arts.
 - Understand the power of music, dance and performance art to enhance unique cultural expression.
 - Gain an appreciation for the impact of the global perspective on present day musical theatre.

ENCL 150K
CRN 26861

Tuesdays
April 11, 18, 25 & May 2
1-3pm

The History of Detective Fiction

The hard-boiled detective, the femme fatale, the whodunit—you are likely already familiar with the tropes of contemporary crime fiction. But what did representations of crime and punishment in literature look like before crime fiction was an established genre, or before there were even detectives or an organized police force? How did crime literature change with the advent of detective work? This course takes up these questions to study literary lawbreakers before and after the concepts of "crime" and "crime fiction" were formalized as the categories we understand today. We'll discuss popular fiction of several time periods in order to trace the development of the literary genre of crime fiction. We'll also consider the different figures that populate the genre in these periods: the criminal, the police officer, the detective and, of course, the reader.

- Instructor:** Dr. Katie Lanning, Assistant Professor, Department of English, Wichita State University
- Objectives:** Students will...
- Develop foundational skills in literary analysis.
 - Evaluate a literary genre, its aims and its methods.
 - Analyze the early development of crime literature.

Non-Credit Community Education Programming

Community Education Classes

- In-Person Classes
 - Great Decisions
 - Historic Walking Tours
- Day Trips

Wichita State University logo in the top left corner. The main text reads "SPRING | 2023 COMMUNITY EDUCATION" with a yellow underline under "SPRING | 2023". Below this is the URL "WICHITA.EDU/COMMUNITYEDUCATION". The background features a collage of images: a man with glasses, a group of people, and a man in a pink shirt. A vertical list of program categories is overlaid on the right side of the collage:

- ARTS & HUMANITIES
- BUSINESS & TECHNOLOGY
- DAY TRIPS
- FOOD & DRINK
- HEALTH & WELLNESS
- HOBBIES & LEISURE
- LANGUAGE LEARNING
- YOUTH PROGRAMS





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Questions

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