SCHOOL OF NURSING

NEWSLETTER

FALL 2019



Message from the Chair



Greetings friends and colleagues!

It's hard to believe 2019 is already coming to a close. Soon we will begin a new year and decade full of exciting projects and goals. In September we announced that Wichita State and K-State have begun planning a program that will give students the opportunity to earn both a Bachelor of Science degree from the College of Health and Human Sciences at K-State, and a Bachelor of Science degree in nursing from the College of Health Professions at WSU. This is a very innovative and exciting collaboration that will benefit students and help with the increasing demand for nurses. We will continue to take advantage of opportunities like this to advance the School of Nursing and Wichita State.

As this year comes to an end we can look back with pride on the many accomplishments of our students, faculty and staff. I hope you enjoy the stories in this newsletter that highlights some of our great work.

Thank you for a successful year and semester. Best wishes to you and your family for a joyous and peaceful holiday season!

Dr. Voncella McCleary-Jones, PhD, RN-BC, CNE, ANEF Associate Dean, College of Health Professions Chairperson, School of Nursing Harvard Macy Scholar Fellow, Academy of Nursing Education

School of Nursing updates

WSU, K-State announce plan for WSU satellite nursing program on K-State campus

The shortage of registered nurses in Kansas and the nation is expected to increase in the next decade, and the Institute of Medicine recommends that 80 percent of Registered Nurses (RNs) obtain a Bachelor of Science in Nursing (BSN) by 2020. In response to these concerns, Wichita State University and Kansas State University have combined resources and announced a program that will give students the opportunity to earn both a Bachelor of Science degree from the College of Health and Human Sciences at K-State, and a Bachelor of Science degree in nursing (BSN) from the College of Health Professions (CHP) at WSU.

Both degree programs will be based in Manhattan, Kansas. A memorandum of understanding was signed by administrators of each university Aug. 30, 2019 to officially initiate the planning phase, which will culminate in an application to the Kansas State Board of Nursing for the satellite program.



"The satellite BSN program will be a wonderful addition to our well-established, quality programs in the School of Nursing, " said Sandra Bibb, dean of the WSU College of Health Professions. "Our college is committed to leading change in health care education, and this initiative furthers our mission to improve the health of our community in Kansas and beyond."

"Our land-grant mission is to serve the wellbeing of our communities, and this unique partnership, which will bring WSU's excellent nursing program to our campus, will do just that," said Charles Taber, K-State provost and executive vice president. "Through this

program, we will serve the demand for a nursing major at K-State, as well as the growing demand for nurses in Kansas and across the nation."

Students will enroll in K-State's College of Health and Human Sciences for the first three years, and, if accepted into WSU's nursing program, will be WSU students on the K-State campus for the following two years. Students will receive access to all K-State student amenities throughout the program.

John Buckwalter, the Betty L. Tointon dean of the College of Health and Human Sciences at K-State, said the program will bring great things to the university.

"We are extremely excited about developing this program with WSU," he said. "We have students on campus who aspire to be nurses and many more who would have come to K-State if we had a nursing program. This partnership with WSU allows students to graduate from K-State and complete a bachelor's degree in nursing through WSU in Manhattan, Kansas."

Richard Muma, WSU provost added: "The students in Manhattan will receive the high-quality education and applied learning experiences WSU is known for, while ultimately improving the quality of care for patients. This partnership is an innovative collaboration that will serve our students and help meet the health care needs of Kansas."

For questions regarding the program, contact Voncella McCleary-Jones, associate dean of the WSU College of Health Professions and chair of the school of nursing, at voncella.mccleary-jones@wichita.edu.

Updates - continued

Tribute to Heroes award

Nursing faculty member Major Richard Nold was presented with an award during the American Red Cross Tribute to Heroes Breakfast for his work providing hurricane relief during Hurricane Florence in fall 2018. This event honors ordinary people who do extraordinary things within our community. Thank you for your service, Richard!



Retirements and new faces

The School of Nursing celebrated the retirements of longtime faculty member Betty Elder and longtime staff member Connie Wells. Betty has worked at WSU in the School of Nursing for



16 years, and Connie has worked at WSU in the School of Nursing for 19 years. We thank Betty and Connie for their years of service and wish them all the best in their retirements!



Courtney Carlin has taken over for Connie Wells as the new Senior Administrative Assistant for the School of Nursing. Welcome, Courtney!

Dorene Owen, MSN, RN-C also joined us as full time faculty and Simulation Coordinator. Dorene retired from the U.S. Army as a Lieutenant Colonel with 26 years of military service.

Spirit Week and Clash of the Colleges

The School of Nursing kicked off the semester by getting in the Orange Crush spirit! Faculty and staff gathered for the annual CHP Pep Rally to cheer students on at Clash of the Colleges.



APRN conference

The sixth annual School of Nursing APRN Conference, Improving Health Care Through Lifelong Learning, was held Sept. 27, with hands-on pre-sessions on Sept. 26. Dr. Alicia Huckstadt opened the conference with a welcome from the WSU School of Nursing and introduction of the morning keynote speaker, Dr. Sally Miller, a popular national/ international speaker and role model for advanced practice nursing. Dr. Miller provided expertise as a Fellow in the American Academy of Nurse Practitioners, a legal consultant, a clinical professor at Drexel University College of Nursing and Health Professions, Philadelphia, PA, and national certification in four areas: Psychiatric Mental Health Nurse Practitioner, Adult Gerontology Acute Care Nurse Practitioner, Adult Gerontology Primary Care Nurse Practitioner, and Family Nurse Practitioner. Her keynote presentation, Evidence-Based Practice-The Foundation of Healing, provided a great start to an exciting day filled with learning and exchange of ideas. Dr. Thomas Moore, Infectious Disease Specialist, concluded the day with his informative, and sometimes humorous, presentation of several diseases and case studies.



Faculty article in Kansas Nurse

Congratulations to Maryon Habtemariam, DNP, ACNS-BC Carol Bett, PhD, RN and Betty Elder, PhD, RN on their article titled: Weight Perception and barriers to Sustained Physical Activity, which was published in Kansas Nurse.

MSN to DNP program fully online

We are happy to announce the MSN to DNP (post masters) program is now available fully online. The School of Nursing continues to add fully online programs to align with current trends in higher education and meet the demands of 21st century academic needs.

Updates - continued

Years of Service awards

Congratulations to the following faculty members for their years of service at WSU. We appreciate your dedication and are fortunate to have you in the School of Nursing!

- Donna Robinson 5 years
- Oracl Bett 10 years
- Debie Pile 10 years
- → Shirley Hazen 25 Years "Bender of Twigs"

CHP Week and service projects

In addition to annual CHP Week events like the Souper Bowl, the celebration this year included service projects such as collecting food and hygiene items for the Shocker Support Locker, assembling first aid kits and making scent circles (pieces of fleece fabric a mother wears and gives to her hospitalized baby so he or she is exposed to the mother's scent). The scent circles have been spotted in use at local hospitals and nurses in the NICU have commented on how much they are used and appreciated. Thank you to everyone who participated in the service projects and to Theresa Cooper for representing the School of Nursing on the CHP Week committee.







Academy of Effective Teaching

Former faculty member and School of Nursing Chair Victoria Mosack was inaugurated into the prestigious WSU Academy of Effective Teaching. Thank you for your dedication to our students and university. Congratulations, Victoria!



American Association of Colleges of Nursing gala reception

Voncella McCleary-Jones traveled to the American Association of Colleges of Nursing (AACN) Dean's Meeting



to attend the 50th anniversary of the American Association of Colleges of Nursing's Gala reception at the Library of Congress. She was joined on Capitol Hill by Dr. Cheryl Giefer, Director of Nursing at Pittsburg State University, and other faculty from Kansas

universities. She visited with Kansas representatives to inform them and make requests for their support for items that impact nursing: 1) Reauthorize Title VIII Nursing Workforce Development Programs, 2) Support Title VIII & Natl Inst. Of Nursing Research Funding FY2020, and 3) Support Higher Education Policies that sustain and preserve student loan programs, including nursing and graduate nursing borrowing limits. All the Kansas representatives and their staff were welcoming and engaged on the issues impacting healthcare and nursing. Thank you to representatives Senator Jerry Moran and Senator Pat Roberts for their support.

Kansas Health Foundation grant

Nicole Delimont was awarded a Kansas Health Foundation impact and capacity grant, along with WSU Tech and the

Wichita Area YMCA, to work on cooking based nutrition education for students enrolled in healthcare disciplines. The project is aimed to pilot Cooking Matters - a cooking based nutrition program for parents of young children - curricula to teach the effectiveness of kitchen-based, nutritional education to further develop



knowledge of healthy diet and cooking skills to pass on to recipients of healthcare services in south central Kansas. Kansas Health Foundation provided \$25,000 dollars to pilot the project. Nicole is serving as the project director for WSU and the PI for research activities in the project. The project will run from 2019-2021.

Updates - continued

Faculty advanced degrees

Patty Beamer completed an accelerated two-year PhD program at William Carey University, Hattiesburg, MS, graduating on Aug. 10 with a PhD in Nursing Education and Administration. Her dissertation, Comparing the Early Admission Option and Competitive Admission Option in a BSN Program, submitted for publication in ProQuest in July 2019. Patty also completed and passed the Certified Nurse Educator Examination. Only 4,000 nurses have the certification as a Certified Nurse Educator as documented by the National League of Nurses who administer the exam.

Rebecca Carter completed her Doctor of Nursing Practice and graduated this semester. Congratulations, Rebecca!

National League for Nursing Nominations Committee

Voncella McCleary-Jones won national election to the National League for Nursing (NLN) Nominations Committee for a three year term. The NLN is a national organization for faculty nurses and leaders in nurse education. It offers faculty development, networking opportunities, testing services, nursing research grants and public policy initiatives to more than 40,000 individual and 1,200 education and associate members.

Northeast Magnet High visit

We were excited to host students from the Northeast Magnet High School Bio-Med program on Sept. 18. The students got an overview of CHP programs, heard about different career options and toured the Nursing simulation lab.



RN to BSN program ranking

Our WSU RN to BSN program is featured in the 2019 ranking of the 10 Best Online RN to BSN Nursing Schools in Kansas.

Hooding & Pinning

The School of Nursing honored the newest School of Nursing graduates during the semesterly Hooding and Pinning Ceremony on Dec. 14. This special event is an important way to recognize our students and their accomplishments.







Commencement

Commencement was held Dec. 15 at Charles Koch Arena. This semester the School of Nursing had 61 graduates from our undergraduate programs and 23 graduates from our graduate programs. Congratulations to our graduates! We can't wait to see what the future holds for you!



Just for fun

There were lots of costumes and Halloween fun in the School of Nursing on Oct. 31!

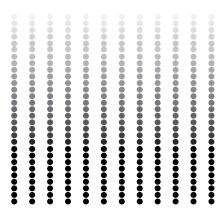






Faculty and staff have been enjoying the new Fuzzy's Taco Shop on the main campus!





Student Activities

New scholarship

A new scholarship was introduced this year; the Lula M. & Herbert P. Harrison Memorial Endowed Scholarship.

Destiny Meeks is a first semester student and the first winner of the new scholarship.

Student of the Year

Junior Max Karst won one of the Student of the Year 2019 scholarship competition awards. Max is the vice president of his class, a member of the Kansas Association of Nursing Students, a transition mentor and a frequent volunteer for the Community Service Board. Congratulations, Max!

Toy drive

Students in the class of 2021 held a

toy drive for the Pediatrics Unit at Ascension Via Christi St. Francis. Here, Alexis Russell displays some of the donations that will bring



joy to local children during the holidays. We're proud of our students who organized the toy drive. Thank you to everyone who donated!

Class of 2020

The class of 2020 posed for a group photo in front Ahlberg Hall.



Leadership development retreat

The School of Nursing Leadership Clinical group was invited to participate in the Ascension Via Christi Health Leadership Development Formation Retreat at the Hyatt Regency. Thank you Via Christi for your partnership.



Flu immunization clinics

Once again the pediatrics students assisted the KU Pharmacy students with free flu immunization clinics. These free clinics are a great service for the community and provides students with an opportunity to volunteer and gain hands-on experience.





Student Ambassador of the Month

Jennifer Tozier was named as the WSU

Admissions Student Ambassador of the Month. SAS members commented on Jennifer's kindness, enthusiasm and loyal Shocker spirit.



Standardized Patient Assessments

Advanced Care Nurse Practitioner student Jessica Carbajal completed her primary care practicum standardized patient assessment, which helps prepare her to care for patients in professional practice. Students have access to this experienced-based learning activity with the support from trained standardized patients from our community, clinical faculty supervisors and a simulation coordinator. Thanks to everyone for the effort that goes into providing this real-world experience.



SIM lab time

First semester students spent time in the simulation lab learning how to combine health assessment skills and fundamental skills in order to take care of a hospitalized patient.





Shocker Street Speak

Kaia Siebert was featured on WSU Admissions' <u>Shocker Street Speak</u> talking about how she gets around campus (spoiler alert – she walks!)

Student Spotlight



Jennifer Tozier is a third semester student in the BSN program and plans to graduate in May 2020 with her BSN and a minor in Women's Studies.

Jennifer has always been interested in medical subjects and science classes. She took a CNA course her senior year of high school, which sparked her interest in nursing. She had the opportunity to job shadow a radiologist, and realized that while it was interesting, she missed seeing people. She thought nursing would be a good fit, allowing her to interact with people and make a difference. She was further inspired to become a nurse when her grandmother was ill and she watched her Mom work closely with the hospice nurse to make sure her grandmother got the best possible care.

WSU was a natural choice for Jennifer because it's a large university close to her hometown of Newton. The School of Nursing also has an excellent reputation, which was a big draw. She says WSU did a great job reaching out to her and maintaining contact after

her campus visit. Coming to WSU is a family affair; her older brother is a WSU alum and her twin sister Ally is in the Dental Hygiene program.

Some of her most memorable moments at WSU include living at Shocker Hall, which she says was tons of fun and an unforgettable experience. Jennifer is very involved in the Student Ambassador Society, assisting the Office of Admissions with panels, events and campus tours. She also sang in the WSU choir her freshman and sophomore years. Jennifer says she has been lucky enough to receive the Morrison Merit Scholarship and the Gene & Marie Miles Nursing Scholarship/Fellowship, for which she is very grateful.

Jennifer says nursing school has been the greatest experience of her life. Although it's difficult, she's had a blast and learned more than she ever thought possible. She appreciates the Partner for Success program where students help keep each other on track and overcome barriers in the classroom. She also credits her awesome instructors and clinical preceptors – in particular Dr. Patty Beamer and Candace Grant – who really connected with students and have provided an enormous amount of knowledge and support.

Jennifer says a big challenge as a nursing student is time management and how it affects your ability to self-care. The most beneficial thing she's learned is that you have to find a balance between work and self-care; you need to take care of yourself so you can take care of others.

Jennifer says this semester has been a turning point for her because all the things she has been learning in the classroom are all coming together in clinical practice. She says to be able to practice skills and then perform it correctly on a patient is a huge confidence booster and makes all the hard work worth it.

Jennifer says every nurse needs to have compassion and empathy for others. She remembers what she heard when starting nursing school; passion is extremely important because it's not something that can be taught. You have to be confident that you can possess empathy for others because that's what will keep you going.

After graduation Jennifer plans to get a job and eventually come back to school to become a Nurse Practitioner.

When she's not studying or in class Jennifer can often be found at one of her favorite spots on campus, Starbucks in the RSC. One of her other favorite places on campus are the sidewalks around Morrison and Duerkson Halls, where she sometimes walks before class to clear her mind.

Jennifer loves running, which she says is very therapeutic and a good outlet. Her goal is to run a half marathon someday. She also enjoys sewing, singing and playing the piano and guitar. She and her classmates have a fun ritual of trying different coffee shops during group study sessions, which is a good way to work hard while trying fantastic coffee around Wichita. She also enjoys hanging out with her friends at the new Fuzzy's Taco Shop on campus.

Faculty Spotlight



Jamie Harrington is an instructor in the Graduate Program and a Certified Nurse Midwife and Family Nurse Practitioner. She is a WSU alumnus, earning her post masters to doctorate degree from WSU in 2018. She began teaching at WSU shortly after graduation and teaches research-based classes and assists students with their doctorate projects. Jamie also received the Midwest HIV Grant that integrates the national HIV education into primary care provider's curriculum.

Prior to WSU Jamie practiced at a non-profit community health center, local health department and several private OB/GYN practices. She started as a CNA at age 18 and received her LPN from Wichita Area Technical College. She has her ADN from Butler County Community College, BSN from Southwestern College, and her MSN and post master's degree from Frontier Nursing University.

Jamie is very involved in women's health care and has a huge passion for working with underserved women. Her research interests focus

on improving maternal mortality and increasing access to health care. She runs a clinical practice in Winfield, working with rural women and practicing full scope as a midwife. Jamie and her midwife partner are planning to open a freestanding birth center called Sunflower Birth and Family Wellness in Winfield. Patients will be able to deliver at the clinic or the hospital, or transfer partway through labor. The birth center will also offer classes for expectant mothers, women's classes for nutrition and prenatal classes for care and breastfeeding. Renovations are underway at the clinic, and they plan to open summer 2020.

Jamie is the President of the Kansas Affiliate of the American College of Nurse Midwives and is involved in APRN legislative issues and advocacy at the state level. The organization is campaigning to pass Bill HB 2412, which removes the collaborative practice agreement for all APRN's, enabling them to practice to their full extent of education scope. 70% of counties in Kansas are rural, and this bill would expand access to health care in rural areas - particularly with mental health care and maternal child health - where there is a severe shortage of services available.

Jamie has always loved teaching and enjoys the opportunity to guide nursing students. Because there aren't many midwives in practice, she is eager to share her knowledge and passion about women's health. She says it can be challenging to get students interested in research; but she does her best to make it fun and

interesting. She also tries to make legislation appealing to students in the hopes that they get involved and want to make a difference.

Jamie describes the best part of her job as seeing the innovation and growth at WSU. She appreciates the administration's openness and reception from faculty and students to making big changes, and seeing the university grow as a result. She also says she loves the culture in the SON; everyone has been very welcoming and she really feels the sense of community.

Jamie's advice to nursing students is to stay up to date as much as possible on health care because it's always changing. She also suggests finding a specialty that you are truly passionate about. If the area you're studying doesn't feel right, there are many different options out there, so keep changing until you find what you love.

Jamie grew up in Augusta. She met her husband who was in the military, and they moved several times overseas, eventually settling back here. They have two teenage daughters who plan to attend WSU.

In her spare time Jamie enjoys gardening at home in what she calls her "peaceful place." She and her family live in the country on a farm with goats and chickens (her pets), who keep her plenty busy. Jamie loves traveling anywhere with unique food and culture, trying new restaurants, shopping and visiting the local farmer's markets.

Message to Alumni & Friends

Alumni - we want to hear from you! There are many reasons to stay in touch and be involved. Keep your lifelong relationship with Wichita State and the School of Nursing a strong one. We encourage you to:

- DPDATE YOUR CONTACT INFORMATION. We want to make sure you receive the latest news, invitations to events, department updates and more.
- KEEP US UP-TO-DATE WITH THE LATEST NEWS. Send your achievements and news to <u>chpcontent@wichita.edu</u> for promotion on social media and in upcoming newsletters.
- ◆ ATTEND UNIVERSITY AND ALUMNI EVENTS. These events are a great opportunity to network and reconnect with fellow alumni.
- CONNECT AND ENCOURAGE THE NEXT GENERATION OF WSU NURSES THROUGH YOUR EXPERIENCES. This is an important way in which your leadership can help further the nursing profession and the School of Nursing at WSU.
- CONTINUE YOUR EDUCATION WITH US. Stand out and take your nursing career to the next level.

Let us know what's happening with you by emailing the following information to chpcontent@wichita.edu. Thank you for sharing!

Name:

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Tell us about yourself. Where are you living, what are you doing in your career and what are your future plans?

Thank you for your Support!

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