

Wichita State University

# J-1 Exchange Student Handbook

Office of International Education

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## Welcome

Welcome to Wichita State University! We are so pleased that you have selected our University and hope you will find this experience to be personally and academically rewarding.

We have created this handbook to help you prepare for life in the U.S. and to provide important information about WSU and the surrounding Wichita community. Be sure to familiarize yourself with the information contained inside; many questions you may have will be answered within.

WSU is committed to helping you in any way we can. The Office of International Education is located in the Garvey International Center, at the southeast corner of Hillside and 17<sup>th</sup>, and we are open Monday through Friday, 8:00 a.m. to 5:00 p.m. We wish you great success during your time at WSU!

## Contact Information

SPONSOR: Wichita State University  
1845 Fairmount St  
Wichita, KS 67260

### Primary Contacts:

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Alternate Responsible Officer  
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### Additional Contacts:

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U.S. Department of State Office of Designation  
Academic and Government Programs Division  
ECA/EC/AG – SA-5, Floor 5  
2200 C Street, NW  
Washington, DC 20522-0505  
Phone 202-632-9310  
Fax 202-632-2701  
Email [jvisas@state.gov](mailto:jvisas@state.gov)  
Website <https://j1visa.state.gov/>

## Immigration Terms

**Department of Homeland Security (DHS):** DHS was created to replace the former Immigration and Naturalization Service (INS). It is divided into three agencies – Immigration and Customs Enforcement (ICE), United States Citizenship and Immigration Services (USCIS), and Customs and Border Protection (CBP).

**Department of State (DOS):** The State Department is responsible for issuing nonimmigrant visas at U.S. consulates abroad and authorizes institutions to set up and run J-1 exchange visitor programs

**United States Citizenship and Immigration Services (USCIS):** USCIS processes applications for immigration benefits such as reinstatement and change of status.

**Immigration and Customs Enforcement (ICE):** ICE enforces immigration regulations and investigates violations.

**Customs and Border Protection (CBP):** CBP prevents people from entering the country illegally, or bringing anything harmful or illegal into the United States.

**Student and Exchange Visitor Information System (SEVIS):** This computer information system monitors your status in the U.S. as an exchange visitor. You are issued a SEVIS ID number by ICE when you are issued a DS-2019. Different government agencies such as USCIS, ICE, DOS, and CBP are able to access the information in SEVIS.

**(Alternate) Responsible Officer (A/RO):** University staff members authorized to sign DS-2019s, update SEVIS, etc.

## Exchange Visitor Activities

The J-1 Exchange Visitor Program is a federal program administered by the Department of State which fosters the mutual exchange of ideas between Americans and foreign nationals by means of educational and cultural exchanges, and to stimulate international collaborative teaching, studying, and research efforts. The Exchange Visitor Program provides eligible foreign nationals with opportunities to participate in exchange programs in the United States and then return home to share their experiences. The Exchange Visitor Program promotes international interchange, mutual enrichment and linkages between research and educational institutions in the United States and those of other countries. You may refer to the U.S. State Department's Exchange Visitor Program's brochure in PDF format at [http://www.fgcu.edu/International/Information/DOS\\_Exchange\\_Visitor\\_Program\\_Welcome\\_Brochure.pdf](http://www.fgcu.edu/International/Information/DOS_Exchange_Visitor_Program_Welcome_Brochure.pdf).

### Categories

You are coming to the U.S. as an exchange visitor for a specific objective. Your DS-2019 contains the category which defines your particular activity (i.e. non-degree student), a code which indicates your specialized field of study, and a brief description of your activity.

### Objectives

The U.S. State Department expects you to stay with your original objective for coming to the United States. As an exchange visitor, therefore, you are normally not allowed to change your category, and you are expected to carry out the activity described in Section 4 of your DS-2019. Please consult your Responsible Officer if you are considering any change in your original program activity.

### Cultural Goals and Components of the Program

The U.S. Department of State created the J-1 exchange visitor program with the purpose of providing citizens of other countries with opportunities to participate in educational and cultural programs in the United States and return home to share their experiences. Programs are expected to promote exposure and interchange between exchange visitors and Americans so as to increase their mutual understanding of each other's society, culture, and institutions. In addition to the academic or professional goals of your program, be sure to take advantage of opportunities for cultural exchange within the university and the wider community. We recommend that you follow the Wichita State University International Admissions page on Facebook for information about activities hosted by the Office of International Education.

## Employment

Exchange students must have permission from the Responsible Officer at the Office of International Education before beginning any employment.

### On-campus Employment

J-1 exchange students can work on campus with authorization from the Office of International Education. Employment is limited to 20 hours per week during Fall and Spring semesters and up to 40 hours per week during official school breaks like the Winter Break and the Summer semester. Students may not work on campus after their DS-2019 end date.

### Off-campus Employment

Exchange students experiencing unforeseeable economic hardship may be eligible for off-campus employment authorization. Contact the Office of International Education for more information.

### Academic Training

Academic training is practical training and employment experience available to J-1 university students. The training may be paid or unpaid but must relate to the field of study indicated on the Form DS-2019. Participation may occur while the J-1 student is enrolled at WSU or beginning within 30 days after completing his/her studies at WSU. The time limit for academic training may not exceed the amount of time the student spent studying at WSU. For example, a student who studies at WSU for one semester would be eligible for a maximum of four months of academic training.

## 212 (e), the Two-Year Home Residency Requirement

### What is the requirement?

Some J-1 exchange visitors and their dependents are required to return either to their country of nationality or country of legal permanent residence for a period of two years at the end of their J-1 program. The purpose of this requirement is to provide the home country with the benefit of the exchange visitor's experience in the United States.

If you are subject to this requirement you may not:

- Change your status inside the U.S. from J to any other nonimmigrant classification except A or G
- Change from J-1 to J-2 status or from J-2 to J-1
- Change to permanent resident (green card) status
- Enter from abroad with H, L or immigrant status

If you are subject to this requirement you may leave the U.S. and enter on a new nonimmigrant status such as F-1, B-1/B-2, J-1 student or O-1. Just keep in mind that the 2-year rule is still in effect, meaning you will still be subject to the restrictions listed above until you are outside the U.S. for at least 24-months or you obtain a waiver.

### Who is subject?

You are subject if:

- Your J-1 participation is funded in whole or in part, directly or indirectly/for the purpose of exchange, by your home government or the United States government. (Payment from the Wichita State University is usually not considered to be government funding)
- Your field of work appears on the "Exchange Visitors Skills List" for your country. This means that your field is considered to be in short supply in your home country. The U.S. Embassy/Consulate where you apply for your visa should be able to tell you if the Skills List applies to you;
- You participated as a J-1 in a graduate-medical education or training program, i.e., a residency, internship, or fellowships, sponsored by the Educational Commission for Foreign Medical Graduates; or
- You are the J-2 dependent of an exchange visitor who is subject to the requirement.

If you have ever been subject to the requirement in the past, and have neither obtained a waiver nor fulfilled it by spending two years in your country, it still applies to you-even if a great deal of time has passed and a more current form

DS-2019 indicates that you are not subject to this requirement. Changing your citizenship to that of another country also does not eliminate your two-year requirement.

The U.S. consular officer generally notes whether the person is subject to 212(e) on the initial DS-2019 and on the J-1 visa in the passport. To determine whether you are subject, check the following documents:

- J-1 visa, under Annotation, if noted “Bearer is subject to Section 212(e). Two-year rule does apply” you are subject
- DS-2019, Page 1, box in lower, left-hand corner. If box 2 is checked, you are subject.

This initial determination is usually correct but is not legally binding. Scholars may check the country-specific Skills List available at the US Department of State (DOS) website (<http://travel.state.gov/content/visas/english/study-exchange/exchange/exchange-visitor-skills-list.html>) for confirmation. Scholars may wish to obtain an advisory opinion from the DOS to verify for certain whether or not they are subject to this requirement, or if they believe the 212 (e) rule was applied in error. Instructions for the advisory opinion process can be found at <http://travel.state.gov/content/visas/english/general/advisory-opinions.html>.

If subject, there are two ways to fulfill the two-year foreign residence requirement:

- Return to the home country for a period of two years or more, or
- Request and receive a waiver of 212(e)

Note: The DOS considers the “home country” to be the country of where your current passport was issued.

### Waivers of the requirement

Information about applying for a waiver of 212 (e) is available online at <https://travel.state.gov/content/visas/en/study-exchange/student/residency-waiver.html>. If you intend to apply for a waiver, be very careful about the timing of your request. After obtaining a waiver recommendation from the U.S. State Department, you are no longer eligible to extend your J-1 status or transfer to another J-1 program. You should discuss your plans with WSU’s Responsible Officer before applying for a waiver.

## Reporting Requirements

It is your responsibility to have correct information about the DHS regulations that govern your status. Your signature on Page 1 of your DS-2019 authorizes the University to release any information from your records to DHS. For your own benefit, you need to know the information on Page 2 of your DS-2019. Please read it carefully.

**PLEASE NOTE: Never take action based only on information from your friends or colleagues. Immigration regulations change frequently. Outdated, incomplete, and incorrect information about immigration procedures often circulates online and through the university community. You should always check with the Responsible Officer at International Education before making important decisions.**

## Responsibilities of J-1 Exchange Visitors

As a J-1 exchange visitor, YOU are responsible for maintaining legal status while in the United States.

- EVs must maintain a valid DS-2019 and a valid passport at all times.**
- EVs and their J-2 dependents must maintain health insurance during the entire exchange period.** The insurance must meet the minimum requirements of the Department of State.
- EVs are required to report any change of address, phone number, or email address directly to the Office of International Education within 10 days of the change.** The Change of Address form is located on the International Education website under the Current Students tab.

- ❑ **EVs are required to complete an official SEVIS transfer procedure if changing universities.**
- ❑ **EV students must complete a full course of study during Fall and Spring semesters.** This is generally 12 credit hours for undergraduate students and 9 credit hours for graduate students, though some exceptions exist with permission from the Office of International Education.
- ❑ **EVs must apply for an extension prior to the expiration date on the Form DS-2019 if they need additional time to complete their educational program.**
- ❑ **EVs and their J-2 dependents must leave the U.S. within 30 days of the Form DS-2019 end date**
- ❑ **EVs may not work in the U.S. without authorization.** J-1 students are allowed to work part-time (up to 20 hours per week) on campus during Fall and Spring semesters, full-time during official school breaks, including the Summer semester.
- ❑ **EVs must report changes in funding sources to the Office of International Education.**
- ❑ **EVs needing an extended leave of absence or early program departure to return home must contact the Office of International Education before leaving the U.S.**
- ❑ **EVs are required to report changes regarding their J-2 dependents.** This includes adding a new J-2 dependent or the permanent departure of an existing J-2 dependent from the U.S.
- ❑ **EVs are responsible for checking their @shockers.wichita.edu email account.** Important information regarding your status will be sent to that address.
- ❑ **EVs that violate their status will accumulate days of unlawful presence.** 180 days of unlawful presence will result in a three year bar from returning to the U.S. One full year of unlawful presence will result in a 10 year bar from returning to the U.S.

**IMPORTANT NOTE:** This information is not exhaustive and is subject to change without notice. Exchange visitors should contact the Office of International Education at 316-978-3232 to arrange an appointment with WSU's Responsible Officer to discuss any questions or concerns related to their legal status in the United States.

## Incident Reporting

As a designated exchange visitor program, WSU is required to notify the Department of State of:

- any **investigations of an exchange visitor's site of activity**, or
- any **serious problem or controversy** that may bring the Department of State or the sponsor's exchange visitor program into "notoriety or disrepute", including
- "any potential **litigation** related to a sponsor's exchange visitor program, in which the sponsor or an exchange visitor may be a named party."

Examples of incidents that must be reported include serious illness or injury to an exchange visitor, incidents involving the criminal justice system (e.g. arrest, charges, etc.), and sexually-related incidents or abuse.

## Health Insurance

Health Insurance coverage is required for all J-1 program participants and their dependents for the duration of their exchange program. You will be automatically charged for health insurance when you enroll at Wichita State University. If you would prefer to use another insurance company that provides you with equal or greater coverage, you will need to request a Medical Insurance Waiver before the deadline. Information about the waiver process and current deadlines is available online at [www.wichita.edu/insurancewaivers](http://www.wichita.edu/insurancewaivers).

Students with UnitedHealthcare coverage through WSU will receive an email notifying them of their enrollment in the plan as well as instructions for creating an account and printing your UnitedHealthcare ID card. We recommend that students carry this card with them at all times.

In many countries, the government pays most health care expenses for its citizens. In the United States, American citizens as well as visitors are responsible for these costs themselves. Medical care in the United States is provided by private physicians, clinics, and hospitals and is very expensive; a single day of hospitalization and medical treatment can cost thousands of dollars. Insurance gives you access to better and more timely health care and provides the only protection against the enormous costs of health care in this country.

When you purchase health insurance, the money you pay (called the premium) is combined with the premiums paid by other people. This money is then used to pay the medical bills of those participants who receive healthcare services. It is important to note that insurance rarely pays your entire medical bill. Often, insurance pays a certain portion and you must pay the remainder. It is important to understand your current health insurance plan and know what is and is not covered with your insurance policy. Be sure to ask your insurance provider and your doctor's office how much you can expect to pay for certain services.

### Insurance Terms

**Premium** – The amount that you paid to purchase the insurance coverage.

**Deductible** – The amount of money you are responsible for paying for medical expenses before the insurance company begins to pay on your behalf. For example: If your plan has a \$300 deductible, you are responsible for the first \$300 of your medical bills. After your deductible has been paid your insurance company will begin to pay for eligible expenses.

**Coinsurance** – The percentage that you pay after the deductible is met. For example, if coinsurance is 20 percent, then the insured person pays 20 percent and the insurance company pays 80 percent for a particular treatment or service.

**Copayment** – Not to be confused with coinsurance, copayment is the set amount you pay each time a medical service is accessed. Copays vary between policies, but are typically \$50 or less. Your insurance policy for example, may require you to pay \$25 for a doctor's appointment and \$10 per prescription up to a specified coverage limit.

**Out-of-pocket Maximum** – This is the highest dollar amount that you must pay during the coverage year for covered expenses under your insurance policy, including deductibles and coinsurance. After this dollar amount has been reached, your eligible medical bills will be covered 100%.

**Provider Network (also known as an in-network provider)** – This is a group of medical providers that have contracted with the insurance company to provide health care services. In-network providers typically charge less for the same service compared to non-network providers, so using an in-network provider can save you money and they will usually accept direct payment from your insurance company.

**Capped benefits** – A capped benefit limits the amount your health insurance will pay in a given situation. For example, an insurance policy may cover mental health, but only \$50 a day. Some plans list this cap on the benefit table while others only list these caps in the policy wording. Be sure to read carefully and look for any limits on coverage.

**Exclusions** - A list telling you what is NOT covered by your health insurance plan. It is extremely important to read each exclusion individually.



## What to Do When You Are Sick

### Student Health Services

All WSU students are eligible for medical care at Student Health Services (SHS), located at 209 Ahlberg Hall. There is no fee to see a doctor or nurse. If you have a health problem or feel ill, contact SHS at (316) 978-3620. An appointment is required for most services. For more information, please visit [www.wichita.edu/studenthealth](http://www.wichita.edu/studenthealth).

### Non-Emergency Care

When you need to see a doctor on short notice or outside of normal business hours, the quickest and least expensive option is an Urgent Care Clinic (also known as an Immediate Care Clinic). These types of clinics do not require an appointment and are for non-life threatening illnesses and injuries. With UnitedHealthcare insurance, the following clinics are considered “in-network” and should be your first choice for treatment.

#### Via Christi Immediate Care

3311 E Murdock St  
Wichita, KS 67208  
316-689-9111

#### AFC Doctors Express

3161 N Rock Rd Ste A  
Wichita, KS 67226  
316-854-9400

#### Immediate Medical Care – IMC East

5838 E Central Ave  
Wichita, KS 67208  
316-440-4595

#### MedExpress Urgent Care

3006 S Seneca St  
Wichita, KS 67217  
316-522-4635

### Emergency Care

For serious illness or injury, or when the Urgent/Immediate Care facilities are not open, go to a hospital emergency room. Call 911 in extreme emergencies for ambulance service, or have a friend drive you to the emergency room. Examples of emergency care include: heart attack, severe bleeding, poisoning, allergic reaction, broken bones. Emergency care is extremely expensive in the United States and should only be used for serious health issues.

#### Wesley Medical Center

550 N Hillside St.  
Wichita, KS 67214  
316-962-2000

#### Via Christi Hospital – St. Joseph

3600 E Harry St  
Wichita, KS 67218  
316-268-5000

#### Via Christi Hospital – St. Francis

929 N St. Francis St  
Wichita, KS 67214  
316-268-5000

#### Galichia Heart Hospital

2610 N Woodlawn Blvd  
Wichita, KS 67220  
316-858-2610

## Counseling and Prevention Services

While moving to a new country can be a difficult transition for many people, Counseling and Prevention Services at WSU is here to help WSU staff, faculty, and students work through problems and assist with solutions. From providing personal counseling to psychological assessments, Counseling and Prevention Services at WSU provides a range of services designed to help students, faculty and staff succeed.

Counseling is available for students with:

- Academic stress
- Self-esteem or self-doubt issues
- Anger management
- Learning disabilities and attention problems
- Difficulty with family or friends

- Negative habits
- Anxiety and stress
- Depression or general unhappiness

The following services are also available:

- Time management skills
- Wellness Workshops

### **WSU Counseling and Prevention Services**

Grace Wilkie Room 320, 316-978-3440

Hours: Monday, Thursday and Friday: 8:00 a.m. to 5:00 p.m., Tuesday and Wednesday: 8:00 a.m. to 7:00 p.m.

For more information on WSU Counseling and Testing visit: <http://www.wichita.edu/services/counseling/>

## **Local Identification**

### **WSU Identification**

After arriving in Wichita, we will help you obtain a WSU identification card called a “Shocker Card.” This ID card is needed in order to use several university facilities such as the Heskett Center, to check out books and make photocopies from Ablah Library, and for many other activities around the University.

If you lose your Shocker Card, check with the Shocker Card Center to see if it has been turned in. Also check your email since the Card Center should notify you by email if they have it. Also check with WSU Lost and Found (978-3450). If you are unsuccessful in recovering a lost card, there is a US\$10 charge for a replacement. If you have Shocker Dollars or a meal plan, you should notify University Dining Services immediately (978-3477). They can temporarily deactivate your card number to prevent fraudulent use.

### **Kansas Driver’s License**

To apply for a state issued driver’s license, you will need to take your passport, DS-2019, I-94, and proof of current address to one of the Department of Motor Vehicles (DMV) offices. **It is against the law to operate any vehicle without a driver’s license.** If you do not have an SSN, request to fill out the “Social Security Waiver” form when applying for your card. The cost of a Driver’s License is very minimal (under \$40).

### **Kansas ID**

If you do not plan to get a Kansas Driver’s License, it is a good idea to get a Kansas ID card. Kansas ID cards are also issued by the Department of Motor Vehicles following the same process detailed above. The cost is \$22.

### **Department of Motor Vehicle (DMV) Locations**

#### **Twin Lakes Shopping Center**

1823 W 21st St, Suite 42a  
Wichita, KS 67203  
316-337-6066

#### **Andover/Derby**

640 N Andover Rd  
Andover, KS 67002  
316-733-0106

## **Campus Rules and Safety**

WSU is dedicated to the safety and wellbeing of all students, faculty and staff on campus. Over the last ten years, WSU has consistently ranked as one of the safest campuses among the Kansas Regents’ institutions and among 168 similar institutions. WSU is staffed by Kansas certified police officers 24 hours a day. The staff of the WSU Police Department offers the following services for students, faculty, and staff.

- Safety Escorts: call 316-978-3450 to arrange escort
- Jump start or unlock vehicles
- Portable air compressor for low tires
- Escort to a local gas station for fuel
- Officers will provide instructions on how to change a tire

- Campus Lost and Found
- Safety phones located throughout campus- these phones direct connect to WSU police staff

To help protect yourself use the following techniques:

- Consider your surroundings and be alert
- Always walk with friends, classmates, or faculty/staff
- Learn the city and avoid dangerous areas
- Use safety resources
- Do not carry valuables with you or leave them in your vehicle or unattended at any time.
- If you ever feel unsafe, ask for assistance from the WSU police department or any staff member on campus.

To contact the University Police Department call 316-978-3450.

### **Tobacco-Free**

Wichita State University and all of its satellite locations and properties are tobacco free. The tobacco-free campus policy eliminates the use of any tobacco product, including cigarettes, cigars, smokeless tobacco, hookah and e-cigarettes.

### **Concealed Carry**

Anyone aged 21 or older who is legally able to carry a concealed handgun in Kansas may do so on any state university campus including Wichita State University. Concealed handguns are the only weapon permitted on campus. Please note that nonimmigrants, including J-1 exchange visitors, are “prohibited from shipping, transporting, receiving, or possessing a firearm or ammunition” with the exception of someone with a valid hunting license or permit.

## **Shocker Alert System**

The Shocker Alert System is designed to notify WSU community members, by text or email, of on campus emergencies as well as weather related issues. The Shocker Alert System (SAS) will send alerts to email addresses. WSU email address for all students, faculty, and staff are automatically setup for the email alert communication system. You have the option of adding *additional* email addresses if you so desire. To make this change, you need to access the Rave system, and follow the instructions under the **My Account** tab.

In addition to email, the Rave system has the ability to deliver emergency alerts via mobile/cellular text messaging. In order to receive alerts via mobile/cellular text messaging, you must add that service to your existing Rave account. You can add your personal mobile/cellular number, as well as a number for another person. You are encouraged to sign up through the Shocker Alert System by visiting the following website: <http://webs.wichita.edu/?u=shockeralert>

## **Scams**

It is important to remain vigilant and protect yourself and your family against possible scams. There are many different types of scams, but they all share a common goal: monetary gain for the scammers. Some scams specifically target international students and scholars. Though the particular details vary, in general, such scams work like this:

The victim receives a phone call from someone claiming to be from U.S. Citizenship and Immigration Services, the Department of Homeland Security, the Internal Revenue Service, or some other governmental agency. The phone number may even match the agency’s real number. The caller claims that the victim has committed some sort of violation, often by incorrectly completing agency paperwork, and must immediately pay a fee to correct the infraction and avoid arrest and subsequent deportation. The caller often has personal information about the victim (name, date of birth, address, even passport, visa, or I-94 numbers). The caller specifically instructs the victim not to hang up the phone. The caller gives the victim detailed instructions about sending money, often by Western Union.

No U.S. government agency will ever call you to demand payment of any kind. If you ever receive a call like this, hang up the phone immediately and contact the Garvey International Center.

## Bank Accounts

It is a good idea to open a bank account here in the U.S. to keep your money in a secure location. You can open a checking account, savings account, or both. If you are planning to have money transferred or wired from your home country, be aware that there may be a delay of a few days or weeks before you can access your money. Ask your bank for more information.

The following banks are located on or near WSU and do not require a Social Security Number to open an account:

### Commerce Bank

Rhatigan Student Center, first floor next to Shocker  
Card Center  
316-978-3850

### Bank of America

2151 N Hillside St  
Wichita, KS  
316-261-4040

## Cell phones

Cell phones can be purchased online and at a variety of stores. Your cell phone service can either be monthly or prepaid. A monthly plan usually means signing a two-year contract with a cell phone company and generally requires a Social Security Number. You may have to pay a security deposit of several hundred dollars. A prepaid plan means paying for minutes/texts/data in advance, losing any remaining balance after a certain date. Note: It often costs extra to make or receive international calls. Most service providers have a list of fees they charge for international calls available online and some offer extra international plans for an additional charge.

## Mail

Mail service in the U.S. is provided by the U.S. government. Post offices are located throughout the community. Wichita State University has a post office located in the first floor of Morrison Hall, 7:30 a.m. to 4:00 p.m. Monday through Friday. Details about services offered are available at <http://www.wichita.edu/thisis/home/?u=wsupostoffice>. Other post offices in the community are open Monday through Friday 8:30 a.m. - 5:00 p.m. and Saturdays 9:00 a.m. - 12:00 noon. Limited Postal services are available in some food stores.

Postage of a first class letter within the U.S. is US\$0.55 for the first ounce. Postage of letter abroad is US\$1.15 for the first ounce. Consult the post office staff about the various methods, rates, and regulations for mailing packages. Visit the United States Postal Service online to calculate postage rates at [www.usps.com](http://www.usps.com).

There are also private shipping companies available that offer express mail service worldwide: Federal Express (FedEx): (800) 463-3339; United Parcel Service (UPS): (800) 742-5877; or DHL: (800) 225-5345. The campus post office also ships packages via FedEx at a discounted rate.

### Addressing Letters and Packages

In the U.S., you should always write the recipient's address in the MIDDLE of the envelope, in the following order:

John Smith	[first name last name]
12345 N Fairmount St Apt ABC	[number of house/building, street name & any apartment/suite]
Wichita KS 12345	[city, state, zip code.] [For international: COUNTRY on next line]

You must include your return (the sender's) address in the upper left corner of the envelope, written in the same order.

### Zip Code

The zip code is a 5-digit number (sometimes with four additional numbers attached) written at the end of your address, after the city and state. It directs mail to the appropriate U.S. post office and ensures quick delivery. It should always be used on mail addressed to and from the U.S. The zip code for Wichita State's main campus is: 67260. Please note, however, that just outside the main campus, the zip codes are different.

## Transportation

### Parking On-Campus

Wichita State's main campus is a permit-only parking environment on weekdays when classes are in session. Enforcement hours run Monday through Friday from 7:00 a.m. to 5:00 p.m. Permits are not enforced on weekends or when classes are not in session. Please note: **Red, orange and brown** lots are reserved at **all** times.

WSU students, faculty, staff, and visitors wishing to park on campus during the enforcement period must register online with the Shocker Parking Management System to park legally. The system features license plate recognition (LPR) technology and virtual permits called ePermits that eliminate the need for hangtags or stickers for parking enforcement.

To purchase, click the button to the right to log in with your WSU ID and password. You will be asked to provide license plate information and the type, make and color and for each vehicle you wish to register on the ePermit. You may also register or administer your existing account through the ePermits link in myWSU.

Student permits are \$150 for the year or \$75 per semester for cars, trucks, SUVs and motorcycles. Students can pay for the ePermit via credit or debit card or ACH on the registration site or, after registering your vehicle(s), they may go to Jardine Hall, Room 201, to pay by cash or check. (NOTE: ePermits will not become active until payment is received.)

### WSU Shuttle System

The WSU Shuttle System is free service which provides an alternative to parking on the WSU main campus. There are three shuttle routes available: The Metroplex Route, the Campus Route and the Innovation Campus Route. For detailed route and operating information please visit <http://webs.wichita.edu/?u=parking&p=/shuttle/index/>. Consult the WSU Shuttle Tracker app to pinpoint shuttle locations and estimated arrival times. Certain buses also take students to Walmart on Friday afternoons. Ask a shuttle driver for more information.

### Taxis

Taxi services are available in the Wichita area by contacting one of the following companies.

**ABC Taxi: 316-264-4222**

**American Cabs: 316-262-7511**

**Best Cabs: 316-838-2233**

### Uber

The Uber app connects drivers and riders from around the community. Download the free Uber app on your smartphone to request a ride, entering your preferred destination. When a nearby driver accepts your request, your app displays an estimated time of arrival for the driver heading to your pickup location. Your app also provides info about the driver-partner with whom you will ride, including first name, vehicle type, and license plate number. This info helps the two of you connect at your pickup location. The app notifies you when the driver is about to arrive. When you arrive at your destination and exit the vehicle, your trip ends. Your fare is automatically calculated and charged to the payment method you've linked to your Uber account.

### Bike Share ICT

Bike Share ICT is a great way to see Wichita and enjoy some fresh air. Simply use the program app to buy a membership, find a bike station, and unlock a bike. Ride anywhere in Wichita at your leisure, then return the bike to any station for the next rider. For more information, visit <http://bikeshareict.com/>.

### City Buses

Public buses are available throughout Wichita each day except for Sundays and Holidays. For detailed route and operating information visit the following website: <http://www.wichitatransit.org/Pages/default.aspx>

### Purchasing a Vehicle

It is important to consider all responsibilities and costs involved. When purchasing a vehicle you are required to have a State of Kansas driver's license, auto collision insurance, and register your vehicle with Sedgwick County at a Sedgwick County Tag Office. For questions about registering your vehicle, call 316-660-9110.

## Sedgwick County Tag Office Locations

**Douglas Tag Office**  
2525 W Douglas  
Wichita, KS 67213

**East Kellogg Tag Office**  
5620 E Kellogg Dr  
Wichita, KS 67218

## J-2 Dependents

Only the spouse or unmarried children under the age of 21 are eligible to be classified as J-2 dependents according to immigration law. Other family members, such as parents, brothers, and sisters are not eligible. Once a dependent child reaches his or her 21<sup>st</sup> birthday, he/she is no longer considered to be a dependent. If you have a child who will turn 21 during your exchange visitor program, keep in mind that USCIS must receive an application to change the child's status from J-2 status to another category (e.g. F-1) or the child must leave the U.S. no later than his/her 21<sup>st</sup> birthday. Please contact the Office of International Education at least six months prior to the child's 21<sup>st</sup> birthday to discuss options and begin the paperwork.

Dependents may stay in the U.S. as long as the J-1 exchange visitor maintains legal status. Additionally, to maintain legal status, dependents must maintain a valid passport and I-94 at all times, and comply with the U.S. address reporting requirement.

### Employment of Dependents

J-2 dependents may apply to the regional USCIS office for permission to accept employment as long as the income from such employment will only be used to support your family's customary recreational and cultural activities and related travel, among other things. Employment will not be authorized if this income is needed to support the J-1 principal alien. USCIS requires a budget or statement of estimated expenses to determine that you have adequate income. UC International Services will provide J-2 dependents with complete application instructions and will meet with such dependents to ensure that the materials are in order.

If permission for employment is granted, an Employment Authorization Document (EAD) is issued and is valid for any kind of full-time or part-time employment. If an extension of stay is required in conjunction with extension of work authorization, the extension of stay notification must be filed prior to the extension of employment authorization. It is important to file the Form I-765 for continuation of employment authorization in a timely manner in order to preserve the J-2's right to work (90 days in advance of the current end date).

Only dependents who are eligible to accept employment can obtain a Social Security Number.

### Enrolling in University Courses

Persons in dependent status may enroll part- or full-time in university classes, including intensive English courses. For information about admission to a program at WSU, please visit <http://www.wichita.edu/international>.

### Enrolling in Elementary and Secondary Schools

Children in Kansas between the ages of 6 and 16 must attend school. The school year typically begins in mid-August and ends in mid-May, but this varies by school district. Parents are required to complete information on vaccinations and other medical details for each child. By law, the school must have a record in English of your child's immunizations. If such a record does not exist, or is inadequate, you will be asked to have your child immunized so that s/he may attend school. The schools will ask for a birth certificate or legal proof of birth, and may ask that the child have a physical exam. Take any records of your children's schoolwork, in addition to their passports, when you enroll them.

### Public School

Each school district is required by law to provide free and appropriate education for all children. Wichita has its own school district, USD 259, and neighboring communities like Maize, Derby, and Andover have their own districts as well. There are typically three levels of public school education:

- Elementary School: Kindergarten through 5th grade
- Middle School: 6th grade through 8th grade
- High School: 9th grade through 12th grade

Information about the Wichita School District is available online at [www.usd259.org](http://www.usd259.org).

### Private School

There are many private schools in the Wichita metropolitan area, most of which are religiously affiliated. Private schools tend to offer smaller classroom sizes but this comes at a price; private school tuition averages about \$12,000 per academic year.

### Childcare

There are many different childcare options available in Wichita. One such option is Wichita State University's Child Development Center (CDC). For more information about campus childcare, please visit <https://www.wichita.edu/childdevelopmentcenter>.

## Adjusting to the United States

Being in a new country can be exciting but it can also be scary! Everyone goes through this process and sometimes it can be very difficult. It is important to keep in mind that you will go through different stages as you try to adjust.

Here are the four phases that everyone goes through:

- 1) Honeymoon Period – Everything is new and exciting. You are having fun trying American food and visiting different places in your new city. This phase usually lasts for the first few weeks or months.
- 2) Frustration Period - That excitement phase is now gone and you start to feel different from everyone else. You can start to have difficulty with the language and start to feel homesick. It can be difficult to understand Americans and their culture. You may start to criticize your new culture. This period can last from 3 to 6 months.
- 3) Adjustment Period – You finally start to become more comfortable in your new country. Your language skills improve and you start to feel less homesick. You even begin to understand the new culture. This period usually last 6-12 months.
- 4) Acceptance/Integration –During this period you start to feel at “home.” It becomes very easy to switch between your two cultures and relate to both.

Wichita State University's Counseling and Testing Center is also available for these kinds of issues. Asking for counseling is considered normal in the U.S. and everything is 100% confidential!

Visit their website: <http://webs.wichita.edu/?u=coutstctr1&p=/counselingservices/>

## Personal Hygiene in the United States

Americans are very sensitive to strong odors. In other cultures, it may be acceptable to wash and deodorize less frequently than is common in the United States. However, to be accepted in the United States, there are a couple of practices that are important to keep in mind.

Most Americans shower every day. People who play sports often shower more than once a day. During the summer months, people also increase their bathing schedules. Taking a shower in American means immersing yourself in water and using a deodorant soap for your body and washing your hair with shampoo.

After showering, it is typical to apply a deodorant stick or spray to your underarms before getting dressed. Almost every American uses deodorant every day and they can be purchased at grocery stores or pharmacies. It is also customary to

wear clean clothes every day. Once clothes have been worn once, they should be washed before being worn again. This is especially true if the clothes were used for exercise.

It is acceptable to wear some cologne or fragrance. However, keep in mind that you should use very small amounts as Americans will find strong odor repulsive. It is also not advised to wear musk scents.

After visiting the restroom, one should wash their hands with antibacterial soap. Washing hands helps stop the spread of disease. You should also wash your hands after coughing or sneezing.

Dental hygiene is a daily routine as well. Brushing one's teeth twice a day and using floss and mouthwash are common practice. These products are readily available at pharmacies and grocery stores and will prevent tooth decay, bad breath, and expensive dental visits.

There is a dental hygiene clinic (DHC) on campus located at 207 Ahlberg Hall. DHC provides teeth cleaning, fluoride treatments, dental x-rays and instructions on care of the teeth. The fee for WSU students ranges from US\$10 to US\$16. You must call for an appointment at 316-978-3603.

A great source for common American practices and etiquette can be found at <http://www.lifeintheusa.com/everyday/>

## Weather in Wichita

Wichita has four seasons per year, and each season has a different type of weather. The four seasons are fall, winter, spring, and summer. Weather in Wichita can change very quickly and unexpectedly. Be prepared by checking the weather forecast.

### **Fall - September through November**

This season is generally characterized by its cool temperatures and windy conditions. This season is generally pleasant, but it does bring thunderstorms, so an umbrella is recommended. The average high temperature is around 61° Fahrenheit (16° C) and the average low temperature is around 36° Fahrenheit (2° C). Towards the end of November, it's a good idea to wear some warm clothing like hats, gloves, scarves and warm jackets.

### **Winter - December through February**

This season is generally characterized by snowfall and very cold winds. A warm coat, hat, scarf, and pair of gloves are necessary. The ground will be covered in snow for most of the month of January as this month has the highest snowfall of the year. The average high temperature in this season is 47° Fahrenheit (8° C) and the average low temperature is 21° Fahrenheit (-6° C). Pay attention to road conditions during snowy weather.

### **Spring - March through May**

This season is generally characterized by a generous amount of rainfall and occasional tornados. The average high temperature is 76° Fahrenheit (24° C) and the average low is 56° Fahrenheit (13° C). After the rain, the weather becomes pleasant. The beginning of the season has cool temperatures, so a light jacket along with pants and t-shirt or sweater is encouraged.

### **Summer - June through August**

This season is characterized by extreme heat accompanied by possible rain. The temperatures in late July/early August can reach into triple digits (100° Fahrenheit or around 40° C). Drink lots of water when you are out enjoying the sun. The average high is 90° Fahrenheit (32° C) and the average low is 67° Fahrenheit (19° C). An umbrella is strongly recommended for this season. Wear light, cotton clothes because of the high temperatures.

The following weather related terms are important to know, especially during the Spring and Summer:

- **Severe Thunderstorm Watch:** Conditions indicate the possibility for severe storms to develop.



- **Severe Thunderstorm Warning:** A severe thunderstorm has appeared on radar. People are urged to stay inside and pay attention to the weather. Severe thunderstorms can mean high winds, dangerous lightning, and sometimes, large hail.
- **Tornado Watch:** Current weather conditions indicate the possibility for tornadoes to develop. People may go about their business, but pay attention to changing weather conditions.
- **Tornado Warning:** A tornado has been sighted or indicated on radar and more may develop. People in the path of danger are urged to prepare and immediately seek shelter for protection if the storm is seen approaching them.
- **Tornado Sirens:** Indicates the area where sirens can be heard is in the path of danger. People should prepare and immediately seek shelter for protection against death or injury. The sirens are tested every Monday at noon during the summer months. Familiarize yourself with the sound and what it means. If a tornado warning has been issued and you hear the sirens, go to the lowest level of your home or into an interior hallway farthest away from windows.

The National Weather Service has the responsibility of issuing watches and warnings during periods of severe weather. These alerts appear on the bottom of your TV screen when watching network channels. The SHOCKER ALERT SYSTEM will send you emergency weather information by email and text message when there is a weather alert affecting the campus.

### When a Tornado Watch Is Announced

Keep your radio on and listen for the latest Weather Service warnings and advisories. If power fails, use a portable battery radio or your car radio and be prepared to move to shelter if necessary.

### When a Tornado Warning is Announced

- Motor vehicles are unsafe during a tornado. Find shelter in a secure structure. Have an “Emergency Kit” available and stocked at all times. Items should include: a battery powered radio, a flashlight, nonperishable food and water, a First-Aid Kit, and a cell phone.
- Use your arms and hands to protect your head from flying debris.

### Tornado Shelters

- **Outdoors:** Seek inside, below ground shelter if possible. If in the open and there is not time to escape, lie flat in the nearest depression (i.e. a ditch, ravine, etc...).
- **Homes with Basements:** Head for the central part of the deepest below-ground area of the basement. Take cover under stairs, in an interior room or closet. Otherwise, locate under a sturdy table or workbench.
- **Homes without Basements:** Take cover in the smallest interior room with stout walls, under heavy furniture in the center part of the house. The first floor is safer than the upper floors.
- **Mobile Homes:** Take time now to choose an alternative location. A mobile home is not safe during a tornado.
- **Multi-Story Buildings:** Safest places are in below-ground basements or interior hallways and rooms on lower floors. Upper floors should be considered unsafe. If there is no time to descend to a lower level, select a closet, a small room, or a hallway for protection against flying debris. Otherwise, take shelter under heavy furniture. Stay away from windows. Do not ride on elevators.
- **Other Large Buildings:** Look for marked shelter areas. Otherwise, go to a basement, interior room, or closet.

### Receiving Weather Information

You may view the local weather report by turning your television to channels 3, 10, or 12. Each television station also offers current reports and satellite view online at:

- KAKE Channel 10 News <http://www.kake.com/weather>
- KSN Channel 3 News <http://www.ksn.com/weather>
- KWCH Channel 12 News <http://www.kwch.com>

If you are in your car you can tune your radio to 101.3 KFDI which offers current weather reports during severe storms. Or visit them online at: <http://www.kfdi.com/listings5700.asp>

## Shopping

This section offers information on different types of shopping resources. These listings are for your convenience and are not endorsements of specified stores or businesses. Never feel obligated to buy something from someone who calls you on the phone or comes to your door. Prices for goods and services are fixed (no bargaining.)

**GROCERY STORES / SUPERMARKETS:** Sell food and often party goods, greeting cards, flowers/plants.

**Dillons**

3020 E Douglas Ave  
Wichita, KS 67214  
316-681-6830

**Dillons Marketplace**

7707 E Central Ave  
Wichita, KS 67206  
(316) 651-2703

**Dillons**

2244 N Rock Rd  
Wichita, KS 67226  
(316) 685-5844

**Wal-Mart Supercenter**

3030 N Rock Rd  
Wichita, KS 67226  
(316) 636-4482

## INTERNATIONAL FOOD STORES

### *Asian*

**Asia Bazaar**

6100 E 21st St N #300  
Wichita, KS 67208  
(316) 612-2700

**Korean Market**

911 S Woodlawn Blvd  
Wichita, KS 67218  
(316) 687-1006

**Asian Groceries**

6249 E 21<sup>st</sup> St N #100  
Wichita, KS 67208  
(316) 351-7280

**Kim Son Asian Food Market**

960 E Pawnee St  
Wichita, KS 67211  
(316) 262-5235

**Grace Korean Japanese and Asian Market**

1030 S Oliver St  
Wichita, KS 67218  
(316) 260-3111

**Thai Binh Supermarket**

1530 W 21<sup>st</sup> St N  
Wichita, KS 67203  
(316) 838-8882

### *Latin American*

**Super Del Centro**

1560 S Main St  
Wichita, KS 67213  
(316) 265-1803

**Mercadito Salvadoreno**

1660 George Washington Blvd  
Wichita, KS 67211  
(316) 806-5312

### *Middle Eastern*

**N & J Bakery**

5600 E Lincoln St  
Wichita, KS 67218  
(316) 681-3975

## Cultural Variety

### Spice Merchant

1300 E Douglas Ave  
Wichita, KS 67214  
(316) 263-4121

### Cost Plus World Market

2746 N Greenwich Ct  
Wichita, KS 67226  
(316) 315-0741

**DEPARTMENT STORES:** Offer a huge variety of goods all in one store, including clothes, books, furniture, shoes, household goods, appliances, (sometimes food), etc.

### Wal-Mart Supercenter

3030 N Rock Rd  
Wichita, KS 67226  
(316) 636-4482

### TJ Maxx

8125 E Kellogg Dr  
Wichita, KS 67207  
(316) 681-0286

### Super Target

10800 E 21<sup>st</sup> Street N  
Wichita, KS 67206  
(316) 636-4206

### Kohls

3561 N Rock Rd  
Wichita, KS 67226  
(316) 636-1126

### J.C. Penney

Towne East Square  
7700 E Kellogg Dr  
Wichita, KS 67207  
(316) 685-6261

### Dillards

Towne East Square  
7700 E Kellogg Dr  
Wichita, KS 67207  
(316) 685-0341

**WHOLESALE STORES:** Regularly have lower prices than other stores because they purchase and sell merchandise in large quantities. Annual membership required.

### Costco Wholesale

9700 E Kellogg Ave  
Wichita, KS 67207  
(316) 226-7142

### Sam's Club

3415 N Rock Rd  
Wichita, KS 67226  
TELEPHONE: (316) 634-6007

## ELECTRONICS

### Best Buy

2111 North Rock Road  
Wichita, KS 67206  
(316) 684-5026

- **Hardware stores** carry tools, nails, electrical and plumbing equipment, knives, paint, pots, kitchen appliances, and much more.
- **Drug stores and Pharmacies** sell many items besides drugs, such as cosmetics, shampoo, toothpaste, household medicines, greeting cards, baby supplies, etc. A registered pharmacist is on duty to fill a doctor's prescription. Drug stores and pharmacies (often located in grocery stores, too) are the only stores authorized to sell prescription drugs.
- **Convenience stores** such as Quik Trip, 7-Eleven and Coastal Mart, carry a limited selection of food and small articles at higher prices than supermarkets and are usually where automobile fuel is purchased

## SHOPPING MALLS / CENTERS

Shopping malls and shopping centers are large complexes with both specialty and department stores. They also include restaurants, theaters and hair salons. Malls and shopping centers are recommended for shopping because they contain most items at a wide variety of prices.

### **Bradley Fair**

2040 N Rock Rd  
Wichita, KS 67206

### **Greenwich Place**

K-96 and N Greenwich Rd  
Wichita, KS 67226

### **Towne West Square**

4600 W Kellogg Dr  
Wichita, KS 67209

### **Eastgate Shopping Center**

8235 E Kellogg Dr  
Wichita, KS 67207

### **Towne East Square**

7700 E Kellogg Dr  
Wichita, KS 67207

### **New Market Square**

2441 N Maize Rd  
Wichita, KS 67205

## Dining Out

Wichita is nationally ranked as having a very high ratio of restaurants to people. It is often a testing ground for national chain restaurants. But Wichita is also known for having a large number of delicious, locally-owned Middle Eastern and Mediterranean restaurants – so no matter what your culture, don't forget to try those out. Likewise, there are a number of Vietnamese restaurants reflecting the large number of immigrants from that country. Below is a list of the most popular restaurants used by our international students within close proximity to Wichita State. They are listed under each type of cuisine in the order of least expensive to most expensive.

### Walking distance from campus:

#### **McDonald's**

1811 N Hillside St  
Wichita, KS 67214  
(316) 651-0332

#### **Sonic**

2939 E 21<sup>st</sup> Street N  
Wichita, KS 67214  
(316) 683-0185

## American

#### **Chili's Bar & Grill**

2333 N Greenwich Rd  
Wichita, KS 67226  
(316) 630-0283

#### **Texas Roadhouse**

2526 N Greenwich Rd  
Wichita, KS 67226  
(316) 634-1106

#### **Buffalo Wild Wings Grill & Bar**

3236 N Rock Rd #190  
Wichita, KS 67226  
(316) 636-9464

#### **Hog Wild Pit Bar-B-Q**

3550 N Woodlawn Blvd #100  
Wichita, KS 67220  
(316) 684-1945

#### **Red Robin Gourmet Burgers**

9990 E 13th St N  
Wichita, KS 67206  
(316) 425-6300

#### **Applebee's**

11317 E 13th St N  
Wichita, KS 67206  
(316) 652-0234

## Central Asian

#### **Passage to India**

6100 E 21<sup>st</sup> St N #180  
Wichita, KS 67208  
(316) 691-8300

#### **Deshi Curry**

6249 E 21<sup>st</sup> St N  
Wichita, KS 67208  
(316) 651-5933

**Zaytun**  
2020 N Woodlawn St #300  
Wichita, KS 67208  
(316) 613-2474

**HuHot Mongolian Grill**  
2035 N Rock Rd  
Wichita, KS 67206  
(316) 558-3630

### **Asian**

**Malaysia Café**  
7777 E 21<sup>st</sup> St N  
Wichita, KS 67206  
(316) 685-8838

**Manna Wok (Korean)**  
4865 E Harry St  
Wichita, KS 67218  
(316) 684-5512

**Little Saigon (Vietnamese)**  
1015 N Broadway St  
Wichita, KS 67214  
(316) 265-0054

**Hot Stone Korean Grill**  
3743 N Rock Rd #100  
Wichita, KS 67226  
(316) 425-7082

**Thai Tradition**  
650 N Carriage Pkwy #120  
Wichita, KS 67208  
(316) 687-1500

**Wasabi Hinkaku (Japanese)**  
912 E Douglas Ave  
Wichita, KS 67202  
(316) 927-3524

**Dragon Express (Chinese)**  
6100 E 21<sup>st</sup> St N #190  
Wichita, KS 67208  
(316) 681-0333

**Hana Café (Japanese)**  
325 N Mead Street  
Wichita, KS 67202  
(316) 267-3766

### **Latin American**

**Sabor Latin Bar & Grille (South American)**  
309 N Mead St  
Wichita, KS 67202  
(316) 201-4880

### **Middle Eastern/Mediterranean**

**MIF Deli**  
5618 E Central Ave  
Wichita, KS 67208  
(316) 684-7431

**Bella Luna Café**  
2132 N Rock Rd #107  
Wichita, KS 67206  
(316) 634-0008

**N & J Bakery (Lebanese)**  
5600 E Lincoln St  
Wichita, KS 67218  
(316) 681-3975

**Meddy's Mediterranean Restaurant**  
2300 N Greenwich Rd  
Wichita, KS 67226  
(316) 425-6871

## Recreation

### Coffee/Tea & Cafes

**Il Primo Espresso Caffè**  
6422 Central Ave  
Wichita, KS 67206  
(316) 682-4884

**Wichita Hookah Café**  
6249 E 21<sup>st</sup> St N #124  
Wichita, KS 67208  
(316) 300-3025

**Vagabond Cafe**  
614 W Douglas Ave  
Wichita, KS 67203  
(316) 303-1110

**Reverie Coffee Roasters**  
2202 E Douglas Ave  
Wichita, KS 67214  
(316) 201-1144

**Starbucks**  
4415 E 21<sup>st</sup> St N  
Wichita, KS 67208  
(316) 648-3641

**Watermark Books & Café**  
4701 E Douglas Ave  
Wichita, KS 67218  
(316) 682-1181

**Boba Zone Inc (tea)**  
2240 N Rock Rd #106  
Wichita, KS 67226  
(316) 425-3925

### Breweries

**River City Brewing Co.**  
150 N Mosley St  
Wichita, KS 67202  
(316) 263-2739

**Central Standard Brewing**  
156 S Greenwood St  
Wichita, KS 67211  
(316) 260-8515

**Hopping Gnome Brewing Co.**  
1710 E Douglas Ave  
Wichita, KS 67214  
(316) 708-3629

**Wichita Brewing Company**  
535 N Woodlawn St #375  
Wichita, KS 67208  
(316) 440-4885

### Bars

**The Anchor**  
1109 E Douglas Ave  
Wichita, KS 67211  
(316) 260-8989

**Emerson Biggin's**  
808 E Douglas Ave  
Wichita, KS 67202  
(316) 303-9800

**Mort's Cigar and Martini Bar**  
923 E 1<sup>st</sup> St  
Wichita, KS 67202  
(316) 262-1785

**Hero's Sports Bar**  
117 N Mosley St  
Wichita, KS 67202  
(316) 264-4376

**Pumphouse**  
825 E 2<sup>nd</sup> St N  
Wichita, KS 67202  
(316) 265-6080

**Loony Bin Comedy Club**  
215 St Francis N  
Wichita, KS 67202  
(316) 618-4242

### Live

**Kirby's Beer Store**  
3227 E 17<sup>th</sup> N (next to WSU)  
Wichita, KS 67208  
(316) 239-7990

**Rock Island Live**  
101 N Rock Island  
Wichita, KS 67202  
(316) 263-8151

**Loft 150**  
150 N Mosley St  
Wichita, KS 67202  
(316) 263-2739

**The Brickyard**  
129 N Rock Island  
Wichita, KS 67202  
(316) 263-4044

**Barleycorn's**  
608 E Douglas Ave  
Wichita, KS 67202  
(316) 866-6792

**Wichita Symphony Orchestra**  
Century II Convention Ctr  
223 W Douglas Ave #207  
Wichita, KS 67202  
(316) 267-7658

### Bowling

**Shocker Sports Grill & Lanes**  
Wichita State Campus, RSC  
(316) 978-3479

**Northrock Lanes**  
3232 N Rock Rd  
Wichita, KS 67226  
(316) 636-5444

### Movie Theaters

**East Warren Theatre**  
11611 E 13<sup>th</sup> St  
Wichita, KS 67206  
(316) 612-1697

**Warren Theatre Old Town**  
353 N Mead  
Wichita, KS 67202  
(316) 691-9700

**West Warren Theatre**  
9150 W 21<sup>st</sup> St N  
Wichita, KS 67205  
(316) 691-9700

**AMC Northrock 14**  
3151 N Penstemon  
Wichita, KS 67226  
(316) 630-8222

### Professional Sports

**Wichita Thunder – Hockey**  
Intrust Bank Arena  
(855) 755-7328

### **Live Theaters**

**Wichita Center for the Arts**  
9112 E Central Ave  
Wichita, KS 67206  
(316) 634-2787

**Music Theater of Wichita**  
Century II Concert Hall  
(316) 265-3107

**Wichita Community Theater**  
258 N Fountain St  
Wichita, KS 67208  
(316) 686-1282

**Roxy's Downtown** (comedy)  
412 E Douglas Ave  
Wichita, KS 67202  
(316) 265-4400

**Mosley Street Melodrama**  
234 N Mosley St  
Wichita, KS 67202  
(316) 263-0222

**Wichita Grand Opera**  
223 W Douglas Ave #207  
Wichita, KS 67202  
(316) 263-2126

### **Museums**

**Exploration Place** (Science)  
300 N McLean Blvd  
Wichita, KS 67203  
(316) 263-3373

**Museum of World Treasures**  
835 E 1st St N  
Wichita, KS 67202  
(316) 263-1311

**Wichita Art Museum**  
1400 Museum Blvd  
Wichita, KS 67203  
(316) 268-4921

**Old Cowtown** (living history)  
1865 Museum Blvd  
Wichita, KS 67203  
(316) 219-1871

### **Miscellaneous**

**Sedgwick Country Zoo**  
5555 W Zoo Blvd  
Wichita, KS 67212  
(316) 660-9453

**Tanganika Wildlife Park**  
1000 S Hawkins Ln  
Goddard, KS 67052  
(316) 794-8954

**Great Plains Nature Center**  
6232 E 29<sup>th</sup> St N  
Wichita, KS 67220  
(316) 683-5499

**Botanica, Wichita Gardens**  
701 Amidon St  
Wichita, KS 67203  
(316) 264-0448

**Wichita Ice Center**  
505 W Maple St  
Wichita, KS 67213  
(316) 337-9199

### **Wichita Library System**

**Advanced Learning Library**  
711 W 2<sup>nd</sup> St  
Wichita, KS 67203  
(316) 261-8500

**Angelou Northeast Branch**  
3051 E 21<sup>st</sup> St N  
Wichita, KS 67214  
(316) 388-9580

**Comotara Branch**  
2244 N Rock Rd  
Wichita, KS 67226  
(316) 688-9350

**Evergreen Branch**  
2601 N Arkansas  
Wichita, KS 67204  
(316) 303-8181

**Rockwell Branch**  
5939 E 9<sup>th</sup> St  
Wichita, KS 67208  
(316) 688-9361

### **Parks & Recreation Centers**

**Boston Recreation Center**  
6655 E Zimmerly  
Wichita, KS 67207  
(316) 688-9301

**Colvin Recreation Center**  
2820 S Roosevelt  
Wichita, KS 67210  
(316) 303-8023

**Edgemoor Recreation Center**  
5815 E 9<sup>th</sup> St  
Wichita, KS 67208  
(316) 688-9392

**Evergreen Recreation Center**  
2700 N Woodland  
Wichita, KS 67204  
(316) 303-8036

**Linwood Recreation Center**  
1901 S Kansas  
Wichita, KS 67211  
(316) 337-9191

**L. Woodard Recreation Center**  
2750 E 18<sup>th</sup> St  
Wichita, KS 67214  
(316) 303-8015

**McAdams Recreation Center**  
1329 E 16<sup>th</sup> St  
Wichita, KS 67214  
(316) 337-9222

**Orchard Recreation Center**  
4808 W 9<sup>th</sup> St  
Wichita, KS 67212  
(316) 337-9244

**Check out these websites**

[www.gowichita.com](http://www.gowichita.com)

[www.kmuw.org/events.php](http://www.kmuw.org/events.php)

## Holidays

Listed below are holidays that are generally observed in the United States. Those followed by (◊) indicate days when public schools are closed. Those followed by (◊◊) indicate the closing of public schools and WSU.

### JANUARY

- New Year's Day: January 1 (◊◊)  
Official holiday; all schools, offices, banks, post offices and stores are closed.
- Martin Luther King, Jr. Day: Third Monday of January (◊◊)  
A day honoring Martin Luther King, Jr., an African American who championed civil rights and nonviolence in the U.S. during the 1960s.

### FEBRUARY

- Ground Hog Day: February 2  
According to American folk tradition the ground hog, a small burrowing animal that hibernates during winter, emerges from his underground home to check for his shadow. If he sees his shadow indicating a sunny day, he is frightened and returns underground for six more weeks of winter. However, if it is cloudy, an early spring is expected.
- Valentine's Day: February 14  
Originally a day honoring St. Valentine, a Christian martyr, it has become a secular holiday celebrating love. People send cards and/or flowers and give candy in heart-shaped boxes.
- President's Day: Third Monday of February (◊)  
A national holiday in honor of U.S. presidents; in particular, George Washington, the first U.S. President. Also Abraham Lincoln, president during the U.S. Civil War (1861-1865).

### MARCH

- Time Change: Second Sunday of March  
Daylight savings time begins. Turn the clocks one hour forward before going to bed.
- Saint Patrick's Day: March 17  
In commemoration of Saint Patrick, the patron saint of Ireland. People celebrate by wearing green or displaying the shamrock (4-leaf clover symbolizing good luck).

### APRIL

- April Fool's Day: April 1  
Originally "All Fools' Day" customarily marked by playing practical jokes on friends.
- Easter: Date Varies (◊◊)  
Like Christmas, this is a Christian holiday celebrated one Sunday in Spring, the date being determined by the lunar calendar. Also, traditional customs include coloring eggs bright colors, searching for hidden Easter eggs, and baskets filled with candies.
- Earth Day: April 22  
Enacted on April 22, 1970, Earth Day was created to put the world's environment into the political spotlight. Environmentalists appalled by the condition of the Earth's atmosphere were struggling to be heard. Earth day is celebrated as a day to help our planet.

### MAY

- Mother's Day: Second Sunday of May  
A day for honoring mothers by sending them flowers, greeting cards, giving small gifts, taking them out for a meal or doing small tasks for them.
- Memorial Day: Last Monday of May (◊◊)  
A day to remember Americans who died in the service of their country. Originating after the U.S. Civil War, families visit grave sites and decorate them.



## **JUNE**

- Flag Day: June 14  
Celebrates the significance of the American flag. People display flags outside their homes.
- Father's Day: Third Sunday of June  
A day honoring fathers by giving them special attention, small gifts, and greeting cards.

## **JULY**

- Independence Day: July 4 (◇◇)  
U.S. national day commemorating the signing of the Declaration of Independence on July 4, 1776. Marked by parades, picnics, and community fireworks displays.

## **AUGUST**

No holidays or observances are held this month.

## **SEPTEMBER**

- Labor Day: First Monday of September (◇◇)  
Established by Congress in 1894 to celebrate the contribution of the labor movement to the productivity of the country. Frequently viewed as the end of summer vacation, celebrated with picnics and outings. Public schools usually begin the following day.

## **OCTOBER**

- Columbus Day: Second Monday of October (◇)  
Commemorates the landing of the Italian navigator, Christopher Columbus, on American soil in 1492.
- Time Change: Last Sunday of October  
Most regions in the U.S. switch back to standard time, having been on daylight savings time for the summer months. Turn clocks back one hour before going to bed.
- Halloween: October 31  
An ancient Christian religious festival day commemorating departed souls; now primarily a secular holiday. Tradition calls for children dressing up in costumes and going door-to-door in the evening announcing "trick or treat" to receive candy; carving pumpkins into "jack-o-lanterns;" and adults attending costume parties.

## **NOVEMBER**

- Election Day: First Tuesday of November  
U.S. citizens vote for local, state and/or national officials and policies.
- Veterans Day: November 11 (◇)  
A day of observance for those who served in the U.S. armed forces. It is marked by speeches, parades, and laying wreaths at the graves of soldiers and veterans.
- Thanksgiving: Fourth Thursday of November (◇◇)  
Commemorates the thankfulness for surviving the harsh winter and having their first harvest of food by the Pilgrims in 1623 in Plymouth, Massachusetts. Today, families gather for a traditional meal usually consisting of turkey, sweet potatoes and pumpkin pie.

## **DECEMBER**

- Christmas: December 25 (◇◇)  
Christian holiday that has also evolved into a secular holiday marked by giving gifts and family gatherings. School vacations generally begin just before Christmas and extend until after New Year's Day.
- New Year's Eve: December 31 (◇)  
The night before the first day of the year, usually celebrated with parties.