

EDUCATION MATTERS

TRIO/Educational Opportunity Centers Program Newsletter **October 2019**

Become an EOC Ambassador



Ambassadors L-R: **Yusledy Perez** and **Kristy Hardcastle**.

EOC Ambassadors help promote EOC services to potential program participants. Ambassadors are program participants who have attained some measure of success on their education action plan. Entering a high school completion program, entering college or vo-tech are some examples of progress on a education plan. Leadership training is provided and all ambassadors receive gold seal certificate for volun-

Myths About Financial Aid



Q: Can EOC help adults obtain a grant to go career school, college or vocational training?

A: Yes, the Federal Pell Grant is available for adults who are limited income, unemployed or under employed. Current grant award is

Bridges Out of Poverty Workshop with Dr. Ruby Payne



(Left-Right) Staysha Work-Fields, Frances Ervin, Dr. Ruby Payne (Author, National Trainer, & Lecturer), Corinthian Kelly & Jed Shepherd.

EOC Staff Meet Dr. Payne

Thanks to Haysville GEAR-Up Program Director, **Ms. Diana Carbajal**, for sponsoring the *Bridges Out of Poverty* training at Haysville High School. It was great to

Upcoming Workshops & Events

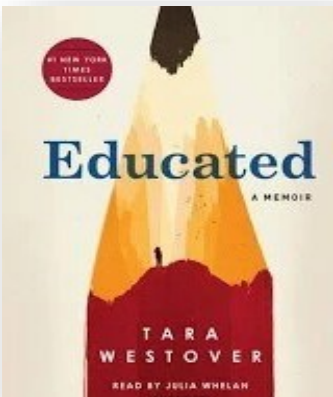


Adult Student Loan Default Workshop

Student Loans in Default? Don't get discouraged. Join **Staysha** and learn the steps to getting your student loans out of default. Staysha will discuss options for getting out of default and tips for getting into default. .

Experience Our Book Club

Pizza, Books and You



Join **Jed** for a hour-long session of pizza and conversation as he shares highlights from the book. You will be shocked and amazed as you learn about the academic journey of a first-generation student who never imaged herself attending college.

Congratulations to Chester Lewis Adult Education



Pictured: L-R: Staysha Work-Fields,

Two EOC Program Participants received a \$32,000 scholarship from the Simon Youth Foundation, **Heather Martinez** and **Yusledy Perez** (EOC Ambassador). Congratulations **Dr. Cindy Cisneros**, Principal of Chester

Back to School Academy for Adults



Whether you have been to college, have some college credits from many years ago, or simply need to retool your education for a career change, there is much to be gained from going back to school.

Contact Corinthian Kelly at EOC for information. Call: 978-7800.

5 Tips for Adults Returning to School



Talk to your family and friends.

Going to school is a big commitment. No matter how hard you try to keep things normal at home, chances are, you are not going to be able to stick to routine that's be-

- **Get up to speed.** If it's been a while since you've been in classroom, you may be surprised by how big of a role technology will play your lessons. Take a computer class before starting school.
- **Stick to schedule.** Time management is going to be critical to your success, It's not easy to balance school with work and family, but it is possible. The key to identify times of a day when you have the best chance to focus.
- **Claim your space.** Whether it is a comfortable chair or a well lit desk in a quiet part of the house, find a study spot that feels right.

Visit the EOC Program Website at

www.wichita.edu/eoc

(Click on this Link)

Special gifts to the first fifty (50) program participants that

like us on Facebook.

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UNIVERSITY**

*DIVISION OF DIVERSITY AND
COMMUNITY ENGAGEMENT*

*TRIO Educational Opportunity
Centers Program*

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