



# LGBTQ+ RESOURCES

## THERAPY SERVICES

- WSU Counseling and Psychological Services:** 316-978-45WC (4792), Steve Clark YMCA, [wichita.edu/caps](http://wichita.edu/caps)
  - LGBTQ+-specialized therapist,** Rachel Amerson, Ph.D. (she/hers), is available to address issues related to gender and sexual minority stress, including but not limited to: gender dysphoria, gender- and sexual-identity based discrimination and stigma, and gender/sexual identity exploration
  - Transgender and Gender Nonconforming Support Group:** Thursdays, 1-2 pm via Zoom  
Email [Rachel.amerson@wichita.edu](mailto:Rachel.amerson@wichita.edu) to sign up
  - Provides letters** for HRT, top/bottom surgery

- LGBT+ Health Coalition:** <https://wichitalgbthealth.org/select-your-county-to-see-providers-near-you/primary-care/behavioral-health-providers/>  
The link will take you to a page with several mental health providers who have signed up to be listed for those who are seeking LGBTQ+ affirming mental healthcare.

## NAME CHANGE RESOURCES

- Kansas Name Change Project, through Kansas Legal Services, Inc.**  
Free legal representation and resources to transgender, nonbinary, and gender-diverse Kansans
- Wichita State University**  
There is a form available that provides students the ability to change their name in the WSU system. It can be found by following this link: [https://www.wichita.edu/services/registrar/documents/NAME\\_CHANGE.pdf](https://www.wichita.edu/services/registrar/documents/NAME_CHANGE.pdf)

## VOICE THERAPY

- YouTube: Trans Voice Lessons**  
A guide to vocal feminization, the creator provides education and step-by-step lessons on adjusting the resonance of one's voice to be more feminine
- WSU's Speech Therapy Clinic: Speech and Language Clinic on campus**  
Gender Affirming Speech Therapy
  - With Carly Thomas
  - Accepts insurance, without insurance there is a sliding scale of \$18-\$60
  - Hybrid model, though mostly on Zoom
- M-CARE:** 316-461-0339, 941 W 27th St S., Wichita, KS 67217; <https://mcarehc.com/>  
Offer Speech therapy
- The Transgender Institute:** 816-305-0943, 8080 Ward Pkwy, Ste 400, Kansas City, MO 64114; <https://transinstitute.org/>  
Offer Voice lessons

## SPECIAL TOPICS








### IN LGBTQ+ WELL-BEING

- Wichita LGBTQ+ Health Coalition:** <https://wichitalgbthealth.org/resources/>  
Provides resources on several different topics, including, but not limited to:
  - Binder safety and usage
  - Gender dysphoria education and options for combatting it
  - Information on the college experience for LGBTQ+ people, guides to finding an affirming school, and how to protect yourself on campus
  - STIs
  - Terminology
  - Other really interesting topics




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## HORMONE REPLACEMENT THERAPY (HRT), SURGERY, AND GENERAL HEALTH CARE

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**WSU Student Health Services:** 316-978-4792, Steve Clark YMCA, [wichita.edu/shs](http://wichita.edu/shs)  
 Make an appointment with CAPS to obtain letter for HRT – you will receive the letter in that appointment  
 Make an appointment with SHS for HRT
  - Step 1: Consultation (history, background info.)
  - Step 2: Examination (full physical, bloodwork, etc)
  - Step 3: Receive HRT
  - Step 4: Follow-up appointments
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**M-CARE:** 316-461-0339, 941 W 27th St S., Wichita, KS 67217; <https://mcarehc.com/>
  - Full healthcare for LGBTQ+ people, including HRT, PRP, STI testing, and other medical services in an affirming environment
  - Also offers voice/speech therapy
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**Trust Women Wichita:** 316-260-6934, 5107 E. Kellogg Drive, Wichita KS, 67218; <https://trustwomen.org/clinics/wichita/patient-care-services/transgender-health-services>  
 Reproductive health care, as well as LGBTQ+ services, including:
  - Sexual health
  - HRT
  - Referrals to other LGBTQ+ physicians and gender-affirming surgeons
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**The Transgender Institute:** 816-305-0943, 8080 Ward Pkwy, Ste 400, Kansas City, MO 64114, <https://transinstitute.org/>  
 Offers a myriad of services, including therapy, mentoring, referral letters, Voice lessons, HRT, surgery  
 Feminine Immersion Program – assists transwomen with developing their femininity
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**Planned Parenthood, Wichita Health Center:** 316-263-7575, 2226 E Central, Wichita, KS 67214  
 Offer HRT, as well as other healthcare related services
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**The International Center for Transgender Care:** 469-429-7557 (Surgery Center), 6020 W Plano Pkwy, Ste 100, Plano, TX 75093; <https://thetranscenter.com/>  
 Offers gender-affirming surgeries:
  - Facial Masculinization/Feminization surgery
  - Mastectomy
  - Breast Augmentation
  - Body Masculinization/Feminization procedures
  - Gender Confirmation Surgery
  - Orchiectomy
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**Hanna Gender Center:** 972-327-5524; 4333 N Josey Ln Ste 100, Professional Plaza II, Carrollton, TX 75010; <https://hannagendercenter.com/>
  - Gender affirming surgeon dedicated to serving the trans and nonbinary community
  - Find more information on Dr. Dany Hanna's TikTok and Instagram, @drdanyhanna

## STIGMA/DISCRIMINATION ON CAMPUS




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**WSU CARE Team:** [wichita.edu/care](http://wichita.edu/care)
  - CARE Team is equipped to investigate instances of discrimination and prejudice on campus. Complete a CARE Report at: <https://www.wichita.edu/services/careteam/index.php>
  - To reference student conduct policies: [https://www.wichita.edu/about/student\\_conduct/student-code-of-conduct-handbook.php](https://www.wichita.edu/about/student_conduct/student-code-of-conduct-handbook.php)
  - The Bias Response Team will receive your report if it is an issue related to bias against others










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## GENDER-AFFIRMING HAIR STYLISTS

-  **Strands for Trans:** <https://www.strandsfortrans.com/>  
A worldwide database of salons and stylists who provide gender-affirming hair care. Filter by location. There are several in the Wichita area
-  **Dress Code Project:** <https://www.dresscodeproject.com/services-locator>  
A database of salons and stylists who provide gender-affirming hair care. Filter by location.
-  **Arocha Hair Restoration and Transplant Center:** <https://arochahairrestoration.com/gender-reassignment/hair-transplants-gender-reassignment-surgery/>  
Offers hair transplantation as a part of gender reassignment. MTF options include filling in areas that are related to male pattern balding and providing a “lower, flatter, rounder shape more in line with a natural feminine hairstyle. FTM options include hair transplants for beards, mustaches, and sideburns

## LGBTQ+ AFFIRMING CHURCHES IN THE AREA

-  **College Hill United Methodist Church:** 316-683-4643, 2930 E 1st St N, Wichita, KS 67214; [collegehillumc.org](http://collegehillumc.org)
-  **Table of Hope Metropolitan Community Church:** 316-267-1852, 156 S Kansas, Wichita, KS 67211; [godlovesyouperiod.com](http://godlovesyouperiod.com)  
Protestant Christian
-  **Pine Valley Christian Church:** 316-685-2421; 5620 E 21st St. N, Wichita, KS 67208; [pvconline.org](http://pvconline.org)  
Christian Church (Disciples of Christ)
-  **Riverside Christian Church:** 316-263-0900, 1001 N Litchfield Ave, Wichita, KS 67203; [riversidedisciples.org](http://riversidedisciples.org)  
Christian Church (Disciples of Christ)
-  **St. John’s Episcopal Church:** 316-262-0897, 402 N. Topeka, Wichita, KS 67202; [stjohnswichita.org](http://stjohnswichita.org)

## QUEER INFLUENCERS ON SOCIAL MEDIA

-  **Instagram**
  - @elle.deran
  - @thequeertriangle
  - @prideknights
  - @gleefullytim
  - @estrogen\_and\_lithium
  - @thatgaydoctor
  - @ericcervini
  - @thejeffreymarsh
  - @jvn
  - @pseudobro (primarily TikTok)
-  **Queer-affirming religious content creators**
  - @conversations\_official
  - @sanctified.sapphic
  - @rainbowtheology
  - @godly\_andgay
  - @queertheology
  - @thereformationproject
  - @qchristianorg
  - @beloved\_arise
  - @thekevingarcia
  - @revkarla
  - @nakedpastor